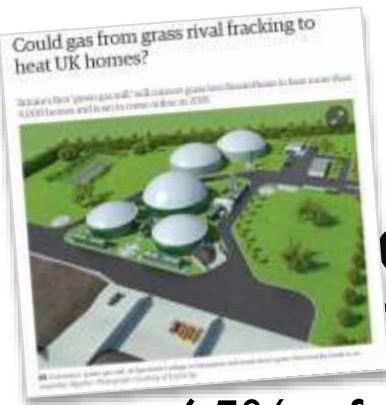


ONLINE SAFETY

Practical parenting
in the digital age



SHAPE OF THINGS TO COME

65% of children will end up at jobs that haven't been invented yet

Alternative Currency Bankers

3D Printing Engineers

Waste Data Managers

Urban Agriculturalist

Nano-Medics / Robotic engineers

Anaerobic digester architect

Drone Dispatchers / Pilots

YouTuber

Certified Ethical Hacker



Samsung's Family Hub 2.0, has internal cameras, voice control and an interface to the MasterCard Groceries app for easy ordering. It knows what people are eating more surely than any supermarket.



INTERNET OF THINGS

Computer

Tablets

Laptops

Smartphones

Televisions **SMART**

Games Consoles

Hand held games consoles

Smart Speakers



Cameras – Geo tagging

Wearables – Fit Bit

DVD/Blu Ray Player (Netflix)

Burglar Alarm

Car

Heating System

Fridge

Toys – Hello Barbie

Baby Monitors

SMART Meds

More connected devices mean more attack surfaces and greater risks and more possibilities for hackers.



Average Internet of Things device has

25

security flaws



DDOS



Never pick up after your dog again.

POOPER BASIC

\$15/mo.

- 2 scoops/day
- 15 mile scoop radius

SUBSCRIBE NOW

POOPER PLUS

\$25/mo.

- 3 scoops/day
- 30 mile scoop radius
- Rollover unused scoops

SUBSCRIBE NOW

POOPER ELITE

\$35/mo.

- Unlimited scoops
- Unlimited scoop radius

SUBSCRIBE NOW

WHEN IS A TOOTHBRUSH NOT A TOOTHBRUSH?



I AGREE

facebook

Connect with friends and the world around you on Facebook.



See photos and updates from friends in News Feed.

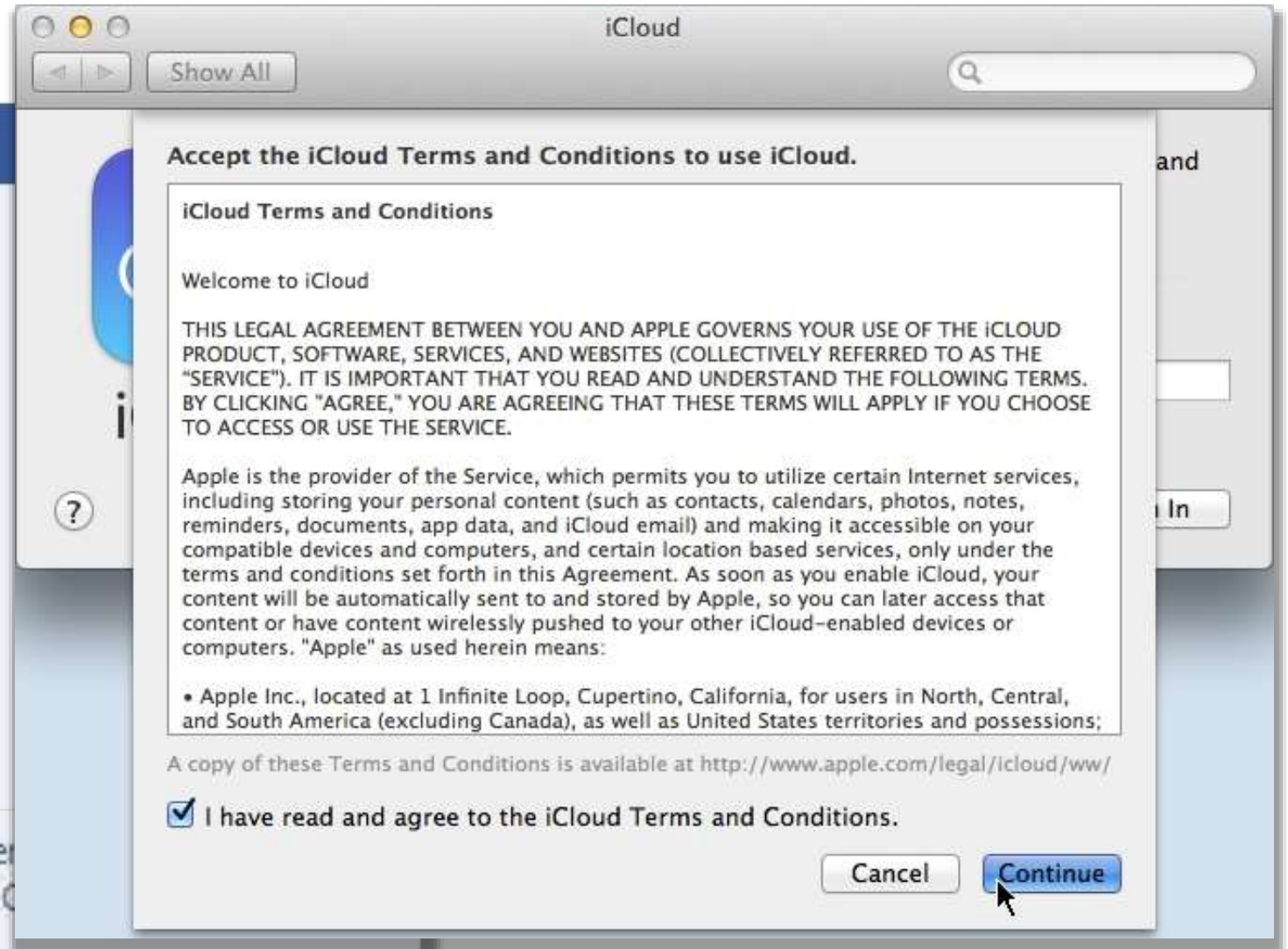


Share what's new in your life on your Timeline.



Find more of what you're looking for with Graph Search.

By clicking Sign Up, you agree to our Terms and Conditions, you agree to our Privacy Policy, you agree to our Data Use Policy, including our Cookies Policy, and you agree to our Account Information Policy.



WHAT ARE YOU AGREEING TO?

When we click “I agree,” we hand over the right to

- Track us
- Profile us
- Scan our email
- Scan chat content;
- Remove, edit, or share and sell our content without giving us a cut of the revenues.

Facebook “likes” alone can reveal an individual’s gender, age, race, sexuality, political, and religious views.

Target correctly inferred that a teenage girl was pregnant based on big data profiling—as her father found out when he phoned to complain that she’d been sent coupons for baby products.



THE WORLD'S MOST VALUABLE RESOURCE IS **NO LONGER OIL, BUT DATA**

A NEW commodity spawns a lucrative, fast-growing industry, prompting antitrust regulators to step in to restrain those who control its flow.

A century ago, the resource in question was oil. Now similar concerns are being raised by the giants that deal in data, the oil of the digital era.

Amazon captures half of all dollars spent online in America. Google and Facebook accounted for almost all the revenue growth in digital advertising in America last year.



What has changed?

Smartphones and the internet have made data abundant, ubiquitous and far more valuable. Whether you are going for a run, watching TV or even just sitting in traffic, virtually every activity creates a digital trace—more raw material for the data distilleries

CHANGED TIMES



Children growing up now have never known a time without the internet.

Children aged five to 16 spend an average of six and a half hours a day in front of a screen compared with around three hours in 1995, according to Childwise.

THE CHALLENGE

1. Children and young people make up one-third of internet users
2. They see little distinction between offline and online.
3. They test relationships, experiment and push boundaries, constantly asking themselves questions about the person they want to be
- 4.the internet is vital for satisfying this curiosity
5. They should be encouraged to learn, explore and interact with one another online, but the content they can access, and the online space that they are navigating, must be age-appropriate and safe.

GROWING UP DIGITAL

January 2017

The report, which the Government said it would now look at “carefully”, calls for:

- an end to “impenetrable terms and conditions” that “give social media giants control over children’s data without any accountability”.
- a digital ombudsman to help children to remove content about themselves and force firms to be more transparent
- a compulsory digital citizenship programme in every school from ages 4-14

DIGITAL STRATEGY 01/03/2017



Government launches major new drive on internet safety.

27/02/2017

- UK to be safest place in the world for young people to go online
- Parents now more concerned about their children sexting than drinking or smoking

Ministers have begun work on a new Internet Safety Strategy aimed at making Britain the safest country in the world for children and young people to be online.

The focus will be on preventing children and young people from harm online and making the internet a safer place.

WHAT DO CHILDREN FIND POSITIVE / NEGATIVE?

- fun
- communication
- self-expression
- autonomy
- interaction with strangers
- violence and hatred
- sexual content
- bullying

in 66% of reviews of platforms with an age restriction of 13 or older, young people reported that they had used the site before the age of 13.

T.E.A.M.



Recommendations for parents and carers include using the TEAM framework:

- Talk frequently to children about staying safe online
- Explore the online world together as a family
- Agree on family rules about what is and isn't OK online
- Manage privacy settings and controls on the sites, apps and games the family uses.

THE RISKS

content: being exposed to illegal, inappropriate or harmful material;

contact: being subjected to harmful online interaction with other users; and

conduct: personal online behaviour that increases the likelihood of, or causes, harm.

FOR YOUNGER CHILDREN



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

FOR OLDER CHILDREN

Stay safe online

Remember the 5 SMART rules when using the internet and mobile phones.



S

SAFE: Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.



M

MEET: Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.



A

ACCEPTING: Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



R

RELIABLE: Someone online might lie about who they are, and information on the internet may not be true. Always check information with other websites, books or someone who knows.



T

TELL: Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.



Find out more at Childnet's website ...

www.kidsmart.org.uk

Childnet International © 2002-2010 Registered Charity no. 1080173 www.childnet.com



SCREEN TIME

'Screen time' is an obsolete concept. As digital media become integrated aspects of daily life...

Parents could consider whether children are:

- Eating and sleeping enough
- Physically healthy
- Connecting socially with friends and family – through technology or otherwise
- Engaged and achieving in school
- Enjoying and pursuing hobbies and interests – through technology or beyond
- Having fun and learning in their use of digital media?

If the answer to these questions is more or less 'yes', then perhaps the problem of 'screen time' is less dramatic than many parents have been led to believe.

USING SCREEN MEDIA WITH YOUNG CHILDREN

Research shows that children's learning from media can be greatly enhanced when parents and other adults join in and make it a shared experience. The following tips offer a range of ways you can use screen media to make it an interactive, more enriching learning experience.

- Watch Together
- Play Screen-Based Games Together
- Make the Connection Between the Screen and the Real World

ACTIVITY CHECKLIST

❖ **Interactive:**

The child should be required to do something, otherwise they may just as well be watching TV; interaction means they will be engaged in what they are doing and learning from it.

❖ **Complementary:**

A link to current school subjects, hobby or a day's activity. Repetition and variation will support learning.

❖ **Variety:**

Learning happens every day in a variety of ways, both direct and indirect. Children benefit from variety and making choices. Interactive screens are part of the variety.

❖ **Moderation:**

Don't let it be the only way they learn. Too much of any single thing can be detrimental. Keep mixing it up.

❖ **Age-appropriate:**

Just as we consider the appropriateness of the films our children watch, the same consideration needs to be given to the content they consume on a tablet.

IF YOUR CHILD IS PLAYING MORE THAN YOU THINK IS GOOD FOR THEM:

1. Set specified times for them to play. Rather than cutting them off mid-game when that time has elapsed (this would leave them with a genuine grievance if they are mid-match on FIFA, for example!) give them a countdown to turning off the console so they can finish what they are doing. Offer them a 10 minute warning, then a five minute warning before they have to finish.
2. Do a deal that you will let them play once they have completed specific tasks, eg: cleaning their room, clearing the table, going outside and playing football, doing their homework etc. Then set a curfew for when they must finish.
3. Persuade them to remove all devices from their bedrooms overnight, including phones and tablets, so they can't play for hours on end without you knowing.
4. Encourage them to find other interests, outside gaming, with you, with friends, or on their own.
5. Lead by example. When your children are having screen-free time, put your devices down too.

NEVER TALK TO STRANGERS

'My parents don't understand how I can talk to people I don't know online. They think it's scary but I think it's one of the beneficial aspects of the internet;'

It would be more helpful if we were to look at ways in which we can help young people recognise when grooming takes place and how to identify strategies to stay safe.

"Never talk to strangers" isn't helpful advice – each of us speaks with strangers every day.

We need to provide our young people with the skills and strategies to stay safe while engaging with strangers, who may be, or appear to be, online friends.

building resilience...

E-SAFETY

‘A parent who can help their child navigate the offline world will help them navigate the online world’

Dr Pooky Knightsmith

“Its about transferring your off line parenting skills online”



WHAT'S SO IMPORTANT ABOUT DIGITAL RESILIENCE?

Digital resilience involves having the ability to understand when you are at risk online, knowing what to do if anything goes wrong, learning from your experiences of being online, and being able to recover from any difficulties or upsets.

The reality is, if you attempt to make parental controls your first line of defence, your child will do what children are programmed to do – they'll attempt to find a way around them and could end up in much less safe parts of the net, such as the murkier parts of the dark web.

More importantly, you won't be helping them to develop digital resilience.

WHAT IS DIGITAL RESILIENCE?

A child who is digitally resilient will be able to:

! Understand when they are at risk online

Know what to do to seek help



Learn from experience

Recover when things go wrong



This involves:

- Recognising potentially risky scenarios.
- Understanding how to deal with them.
- Using these experiences to adapt what they do online in the future.

THE REAL WORLD

*A child is a child
until they reach
maturity, not until
they pick up a
smartphone*

Too often adults will make a distinction between the 'real' and 'online' world.

Understand that the online world is the real world. - Social media is about people.

The challenges our children face online are about **people and relationships**, not buttons and technology.



RISK VS HARM

Risk - the possibility that something negative or dangerous will happen

Harm - refers to actual damage or trauma

There are certainly risks associated with internet use, but for the majority of young people, **these risks will never lead to harm.**

WHAT KIND OF PARENT WILL YOU BE?

Enablers “They’ve given in to their kids’ expertise and allow them to set the family’s tech agenda.” (Teenagers parents)

Digital limiters, “Heeding widespread concerns about the impact of technology use on children’s attention spans and interpersonal relationships, limiters take every opportunity to switch off screens.”

Digital mentors take an active role in guiding their kids onto the Internet. “Mentors, in fact, may be the parents who are most successful in preparing their kids for a world filled with screens, working actively to shape their kids’ online skills and experiences.”

ALEXANDRA SAMUEL

ONLINE PARENTING

“Children of **limiters** are most likely to engage in problematic behaviour:

twice as likely as the children of **mentors** to access porn, or to post rude or hostile comments online;

three times as likely to go online and impersonate a classmate, peer, or adult.”

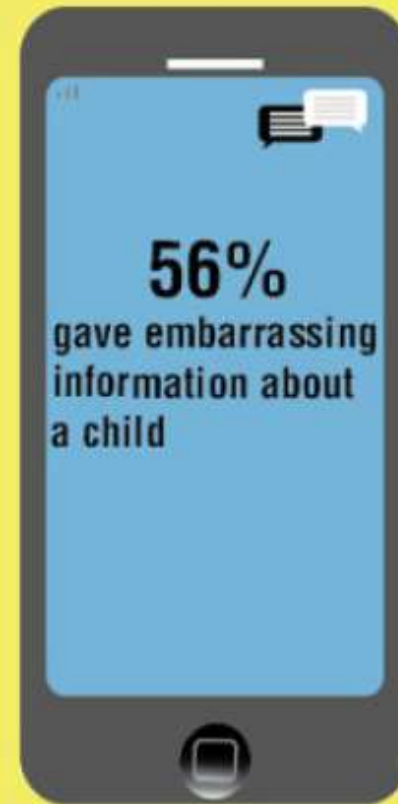
“Shielding kids from the Internet may work for a time, but once they do get online, limiters’ kids often lack the skills and habits that make for consistent, safe, and successful online interactions.”

ALEXANDRA SAMUEL

CHILDREN'S DATA - SHARENTING

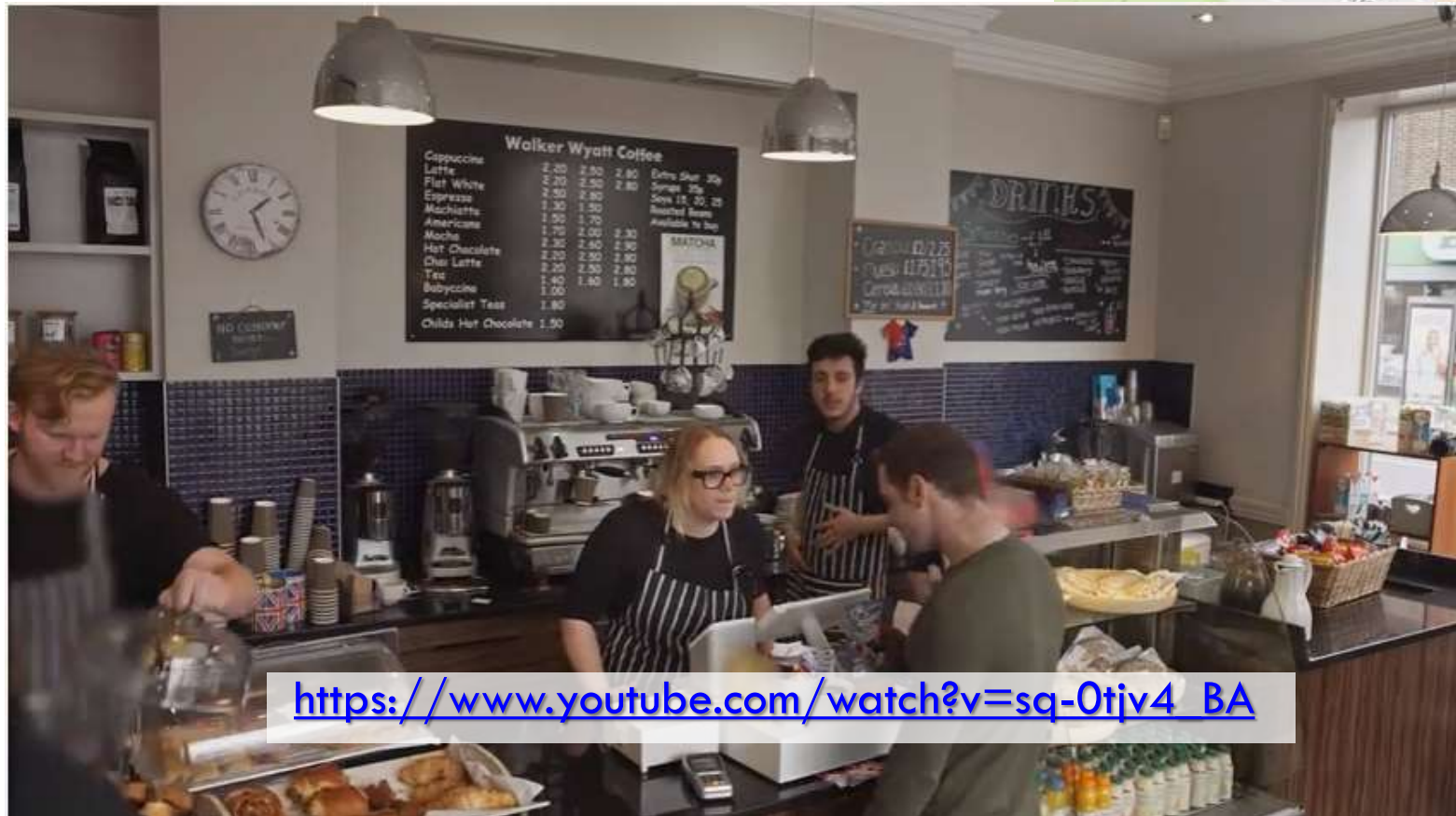
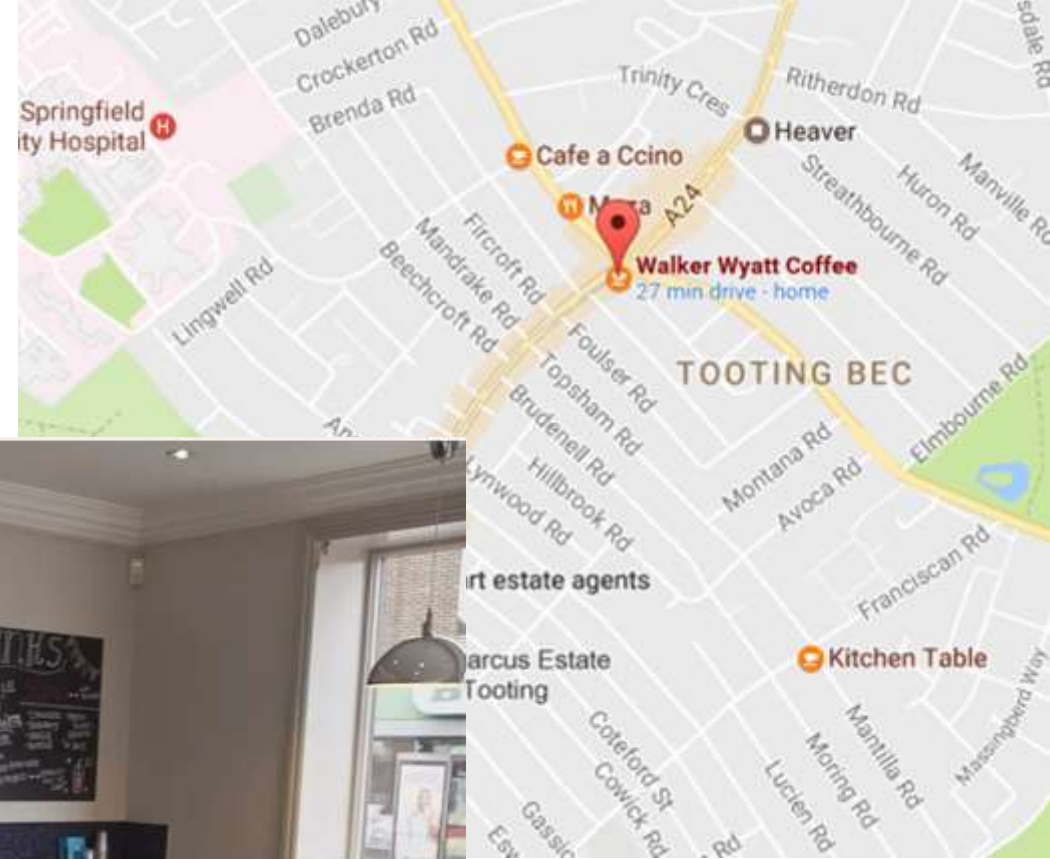


74% of parents feel another parent shared too much online



Source: C.S. Mott Children's Hospital National Poll on Children's Health, 2015

DATA TO GO



https://www.youtube.com/watch?v=sq-0tjv4_BA

HELPFUL CHECKS

Who's looking?

- When did you last check your privacy settings?
- Google your child's name to review the information you post
- Remember that anyone who can see a photo can also download or screenshot it, and could go on to share it.

What else are you sharing?

- As default, many cameras, phones and apps tag posts and photos with 'meta-data' which can include location details and other identifying information

Ownership

- Under the terms and conditions of most social networks, when you share a photo you license the network to use and reproduce your image, and grant it the right to license it for use by third parties.

Your child's digital tattoo

- Every publically accessible image or comment featuring your child contributes to a public image which will follow them into the future.

HOW TO STAY PROTECTED AGAINST RANSOMWARE

Updates – always update, devices and apps

Anti-Virus – keep up to date

Anti-Malware – Keep up to date

Get Savvy – Educate yourself and don't fall prey

Backup your data – make use of cloud services

Unplug USB drives when not in use

PROTECTING YOUR PHONE



- Get software that allows you to lock, locate, and wipe your device
- Always use a PIN or password to lock phone
- Only download apps from trusted stores
- Back up data
- Keep OS and apps updated
- Log out of sites after you make a payment
- Turn off Wi-Fi and Bluetooth when not in use
- Avoid giving out personal information

PUPIL PREMIUM ELIGIBILITY

The 'Pupil Premium / Free School Meals Service' www.fsm.lgfl.net is a web site where parents can quickly and easily check eligibility for free school meals and, if eligible, also gain welcome additional funding for their child's school, known as 'Pupil Premium'. If eligible, you are not obliged to accept the free school meals for your child if you wish to make other arrangements, but we do want to encourage applications for additional funding gained would still benefit education provision at the school.

By way of a 'thank you' to parents for taking part, regardless of individual outcomes, The London Grid for Learning (LGfL) would like to provide parents of children attending LGfL-connected schools with **Sophos Anti-Virus software**, free of charge, to protect the computers used by pupils at home.

To gain access to this software there is a short registration process which will also give you access to other LGfL services and benefits that are available to your child's school. Please be assured there is no catch, no cost and no advertising. LGfL (a UK education charity set up in 2001 and funded by London's 33 local authorities) exists to support education and is leading this initiative to make it easier for parents to apply for free school meals and to encourage the drawdown of unclaimed Pupil Premium.

Please visit www.fsm.lgfl.net enter the necessary details and support this worthwhile initiative.

THE DARK NET



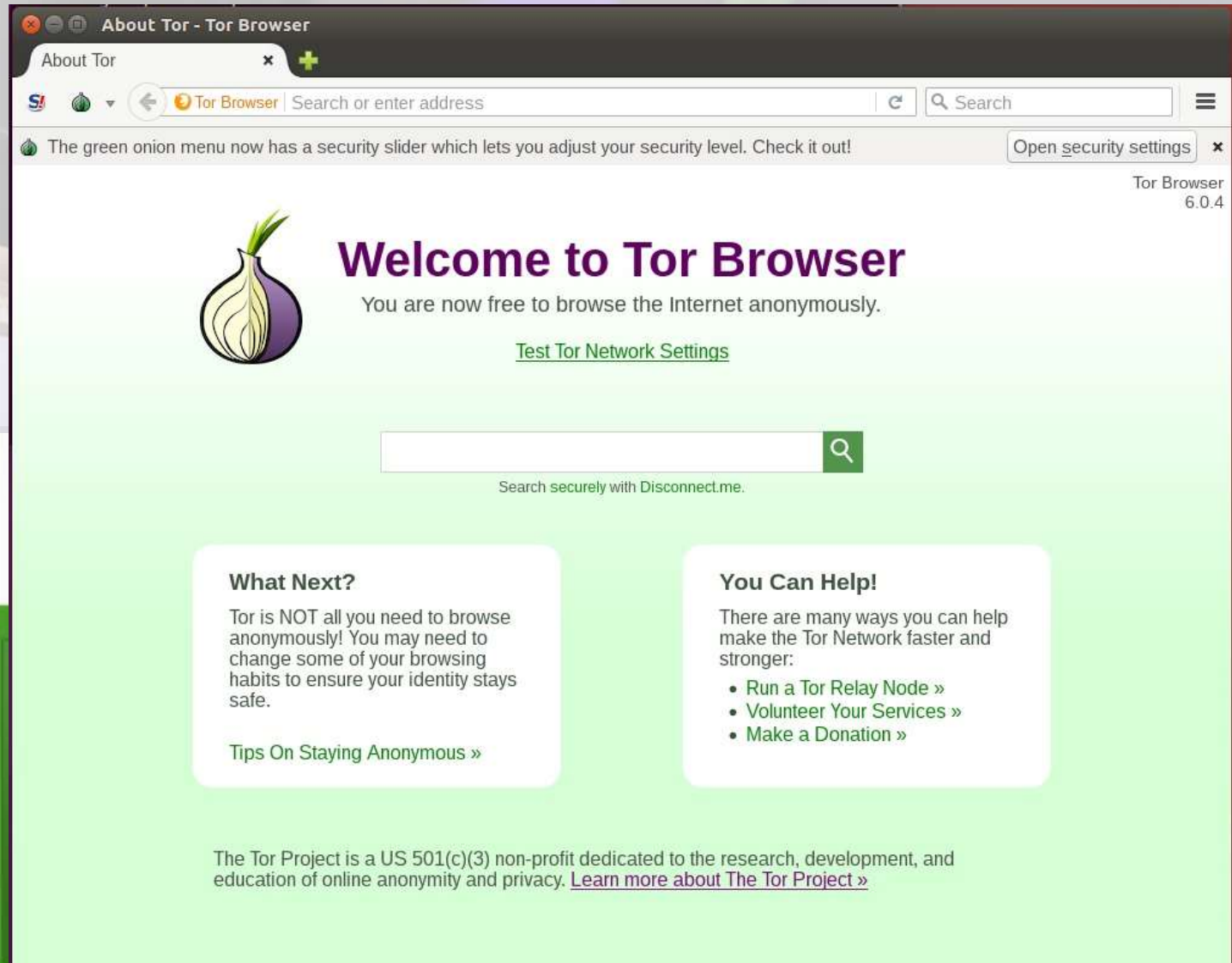
Home

Anonymity Online

Protect your privacy. Defend yourself against network surveillance and traffic analysis.



[Download Tor](#)

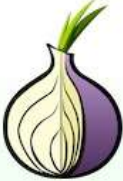


About Tor - Tor Browser

About Tor

The green onion menu now has a security slider which lets you adjust your security level. Check it out! [Open security settings](#)

Tor Browser 6.0.4



Welcome to Tor Browser

You are now free to browse the Internet anonymously.

[Test Tor Network Settings](#)

Search securely with Disconnect.me.

What Next?

Tor is NOT all you need to browse anonymously! You may need to change some of your browsing habits to ensure your identity stays safe.

[Tips On Staying Anonymous »](#)

You Can Help!

There are many ways you can help make the Tor Network faster and stronger:

- [Run a Tor Relay Node »](#)
- [Volunteer Your Services »](#)
- [Make a Donation »](#)

The Tor Project is a US 501(c)(3) non-profit dedicated to the research, development, and education of online anonymity and privacy. [Learn more about The Tor Project »](#)



“It’s been really chaotic, AlphaBay’s was huge for a darknet market, boasting nearly 300,000 listings of drugs, stolen credit cards, and other contraband worth \$600,000 and \$800,000 a day in revenue. When a site like this goes down, it puts a lot of stress on the other players.” Nicolas Christin, professor of computer science and public policy

- CC / A
- Access the C
- Access the ac
- BROW
- Fraud
- Drugs
- Guides & Tutorials
- Counterfeit Items
- Digital Products 9122
- Jewels & Gold 844
- Weapons 1656
- Carded Items 2125
- Services 4486

DL

THClear
Buy: USD 48.00
from top vendors
648 - Accounts &
Bank Drops -
bannedbooks
Buy: USD 500.00

Account Security: 40%

- You do not have any PGP key on your profile. [Add]
- You are currently not using two-factor authentication (2FA). [Enable]
- You are using an unsecure 6-digit PIN. [Change]

TEENAGE CYBERCRIME NATIONAL CRIME AGENCY



<https://www.youtube.com/watch?v=DjYrxzSe3DU>

CRITICAL THINKING ONLINE: A PARENT'S GUIDE

It's hard enough for adults to recognise advertising and resist ridiculous rumours online, but it can be even more complicated for young people.



Advertising

Have you ever looked at a spread in a magazine, only to realise all the clothes are from the same brand and the feature is actually an advertisement?

Rumours

Misunderstandings and misinformation can spread quickly online, so it's important to remember that just because something is trending doesn't mean it's true. #nowthatchersdead

Clickbait

With so many media outlets online there's a lot of competition for clicks and attention, and it can be tempting to exaggerate to get someone to click on your story.

Some examples of clickbait are laughably obvious – any headline ending in 'you won't believe what happened next,

CRITICAL THINKING

What's real? What's fake? What's satire?

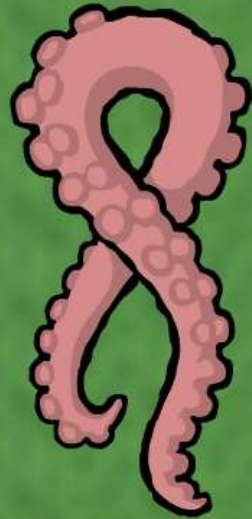
Here are a few basic questions to consider whenever you and your kids encounter a piece of media:

- Who made this?
- Who is the target audience?
- Who paid for this? Or, who gets paid if you click on this?
- Who might benefit or be harmed by this message?
- What is left out of this message that might be important?
- Is this credible (and what makes you think that)?

FAKE NEWS

Drop bear

Australian Geographic ran an article on its website on 1 April 2013 (April Fools' Day) purporting that researchers had found that drop bears were more likely to attack tourists than people with Australian accents



CEPHALONEWS

2016-09-01 [Cuttlefish Can Count To Five \(Inkfish | Discover\)](#)

Don't look now, but *Sepia pharaonis* cuttlefish may be able to count better than your toddler.

2016-08-23 [Shy Octopus Hides Inside Its Own Tentacles \(EYNautilus\)](#)

(Video) While diving off the central California coast, the team of EYNautilus encountered this Flapjack Octopus (named for its ear flaps) lingering on the sea floor. [Another video.](#)

2016-08-20 ['Googly-Eyed' Stubby Squid Captures Internet's Attention \(NPR\)](#)

It looks like it could be a cartoon character, but it's real. And this little squid is making waves on the internet.

» [Older news...](#)

CEPHALOBLOG

Help Save The **ENDANGERED** PACIFIC NORTHWEST TREE OCTOPUS From **EXTINCTION!**

[About](#)

[HELP!](#)

[FAQs](#)

[Sightings](#)

[Media](#)

[Activities](#)

[Links](#)

THE PACIFIC NORTHWEST TREE OCTOPUS

The Pacific Northwest tree octopus (*Octopus paxarbolis*) can be found in the temperate rainforests of the Olympic Peninsula on the west coast of North America. Their habitat lies on the Eastern side of the Olympic mountain range, adjacent to Hood Canal. These solitary cephalopods reach an average size (measured from arm-tip to mantle-tip,) of 30-33 cm. Unlike most other cephalopods, tree octopuses are amphibious, spending only their early life and the period of their mating season in their ancestral aquatic environment. Because of the moistness of the rainforests and specialized skin adaptations, they are able to keep from becoming desiccated for prolonged periods of time, but given the chance they would prefer resting in pooled water.



Rare photo of the elusive tree octopus

An intelligent and inquisitive being (it has the largest brain-to-body ratio for any mollusk), the tree octopus explores its arboreal world by both touch and sight. Adaptations its ancestors originally evolved in the three dimensional environment of the sea have been put to good use in the spatially complex maze of the coniferous Olympic rainforests. The challenges and richness of this environment (and the intimate way in which it interacts with it,) may account for the tree octopus's advanced behavioral development. (Some evolutionary theorists suppose that "arboreal adaptation" is what laid the groundwork in primates for the evolution of the human mind.)

Reaching out with one of her eight arms, each covered in sensitive suckers, a tree octopus might grab a branch to pull herself along in a form of locomotion called tentaculation; or she might be preparing to strike at an insect or small vertebrate, such as a frog or rodent, or steal an egg from a bird's nest; or she might even be examining some object that caught her fancy, instinctively desiring to manipulate it with her dexterous limbs (really deserving the title "sensory organs" more than mere "limbs",) in order to better know it.

Tree octopuses have eyesight comparable to humans. Besides allowing them to see their prey and environment, it helps them in inter-octopus relations. Although they are not social animals like us, they display to one-another their emotions through their ability to change the color of their skin: red indicates anger, white fear, while they normally maintain a



REAL OR FAKE PHOTO

Play this game with your kids : <http://www.fakeaphoto.com/real-or-fake-photo-game/>

Newsround Video [“How do you spot fake news?”](#)

SOCIAL MEDIA CONTACT



“Before the internet, someone with a sexual interest in children had to take lots of risks,”



“They needed to loiter near schools, go to the beach or park.



“Now, they can browse huge amounts of content from the privacy of their own homes, and no one knows they have done it.”

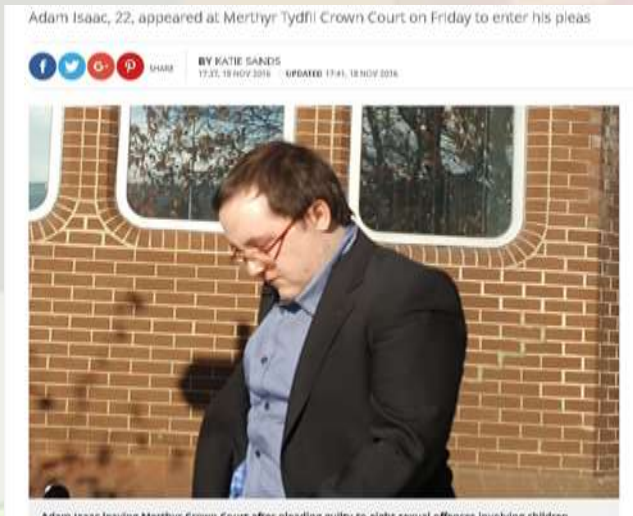
Karl Hopwood, UK Council for Child Internet Safety.

THE CASE OF JOEL



Joel was one of **two victims** of Adam Isaac, who used Minecraft to lure his victim onto other platforms – including **Skype** and **Snapchat** – to groom them.

Joel's Dad, Lee, revealed how Isaac had built up a strong friendship with his son Joel (also not his real name), won his trust and sent him money through **PayPal** before turning the conversation towards pornography.



Joel was part of a **'faction'** on Minecraft - a group that plays together online in order to protect their bases and raid others.

Players are able to have limited communication in the game, so in order to plan secret 'attacks' on other factions they move onto other chat services like **Skype**.

THE CASE OF JOEL

“We never let him have a camera so everything was done by audio. We always knew who he was talking to, we would talk to them as well because we’d come in his room to check. It would be some kid from Australia or somewhere and they’d ask how your dad is and so on.” Joel’s Dad (Lee)

Lee noticed a change when Joel started using headphones when on Skype

THE CASE OF JOEL

As Isaac conducted much of the abuse over video, there was little trace of the exchanges.

“Fortunately Joel never met him in person. But Isaac made him watch things on camera, he would send Joel pictures of himself. He sent him links to pornography, saying ‘watch this’.”

“And 12-year-olds are curious.”

Lee managed to identify Isaac via the payments the groomer made to Joel over PayPal, as in one payment there was reference to his name and address.

He went straight to the police.



A man who groomed young boys through the online game Minecraft has been jailed for two years and eight months.
20th January 2017



Adam Isaac, 22, of Merthyr Tydfil , appeared at Merthyr Tydfil Crown Court on Friday to enter his pleas.

Isaac admitted

- two counts of causing or inciting child prostitution or pornography,
- one count of engaging in sexual activity in the presence of a child, and
- causing or inciting a child to engage in sexual activity
- three counts of causing or inciting child prostitution or pornography
- Isaac also pleaded guilty to possessing indecent images of children.

"This case serves as another reminder to anyone who has caring responsibilities for children to be alert to online safety matters so that wherever possible, children are prevented from coming into harm's way."



https://www.thinkuknow.co.uk/parents/ - Microsoft Internet Explorer provided by Merton Domain

https://www.thinkuknow.co.uk/parents/ Child Exploitation s... USD Support Site - o... Government announ... thinkuknow.co.uk Keeping children saf... gov.uk gov.uk Manage your online ...


File Edit View Favorites Tools Help

ESS PRO... Bes... Pag... Int... BMC... On... ICO... Ext... Google Sug... Two... Lon... ITr... ITr... Wel... Ras... ITr...

I would like advice on...

THINK UK KNOW

Home Get Advice Concerned about your child? How to get help Who are we? Support tools



Protecting your children from abuse online

I need to report an incident

I'm concerned about my child

I'd like to understand more about keeping my child safe

Hunting the Paedophiles: Inside the NCA

Following the broadcast of the Channel 4 documentary, Hunting the Paedophiles: Inside the NCA, if you are concerned that your child may have been affected by any of the issues discussed, please

Further support

100%

<https://www.thinkuknow.co.uk/parents>

TIPS AND ADVICE FOR PARENTS AND CARERS

1. Be engaged

Talk regularly with your children about how they use technology, and find out what their digital life is like.

Perhaps you can start off by discussing your favourite emojis?



2. Be aware

Explore the online features of the devices you already own and the devices you might buy for your child.

Knowing how to activate and use **parental controls** can help protect your child.

For advice and guides [Parents' Guide to Technology](#).

3. Be there

The most important thing is to ensure that you are there if something goes wrong. Your child might be very embarrassed to discuss the issues- reassure them that they can turn to you no matter what.

You are always there to help your children but make sure you know how to get support too by visiting the ['Need Help?' page](#).

4. Be thoughtful

Not everything or everyone online is trustworthy.

Encourage your children to **think critically** about the things they see

Need some help starting a conversation? [conversation starters for ways of striking up a conversation with your child about what they see online](#).

MINECRAFT :

A vibrant Minecraft game scene. In the foreground, a player character with a pig head is seen from behind, standing on a grassy field. To the right, a wooden fence encloses a farm with several yellow chickens. In the background, there are stone buildings, a large tree with a wooden trunk, and a clear blue sky.

A PARENT'S GUIDE

SINGLE PLAYER VS MULTIPLAYER

Single player

Safest mode.

Users play by themselves and can't use the chat function to communicate with anyone else.

Might be more appropriate for very young children.

Multiplayer

Server-based version that lets multiple users play together in a single world.

Players can communicate using the chat function – press T and then Enter to display the chat to others.

Has some risks but can still be used safely.

STAYING SAFE ON MINECRAFT

Turn off chat

Find a child-friendly server

Set time limits

Talk to them

You could also ask them to show you their Minecraft world.

As with any online activity, there are some safety concerns to keep in mind.

- Set the account up through **your own email address** and know their passwords – at primary age, this is not an unreasonable thing to ask.
- **Discuss** which settings you are going to apply prior to their joining the site – will you allow multiplayer, for instance?
- Speak to your child about **unwanted contact** and **what to do** if someone is being nasty or inappropriate to them in the game. Ask that they come to you if anything goes wrong, so you can make it stop.

MINECRAFT



Our Family's Official Minecraft Constitution



We, the undersigned, agree to abide by the following rules of Minecraft while living in our parents' house:

1. No stealing from friends or family members' chests.
2. No killing friends or siblings in Minecraft.
3. No trapping unless you are in a designated trapping world. And if you get trapped and accidentally killed in a designated trapping world, no crying about it.

If You Break the Rules of Minecraft in our House:

The punishment is a minimum of 168 hours of Minecraft Banishment. (That's 7 days, folks!)

Anyone who accidentally kills somebody can request a special court hearing to make a formal appeal. The ruling of the judge on duty is final (whether it is a babysitter, mom, dad, or any other adult in charge). If you are found guilty after an appeal the punishment will be a minimum of 168 hours plus an additional 48 hours for your dishonesty. (That's 9 days!) So don't appeal unless you think you can win it.

You **MUST** sign your name in the box below to PLAY:



SSSSSSSS....

Happy Crafting, Folks!



© healthy-family.org

FAMILY AGREEMENT

http://www.childnet.com/safety-leaflets-for-parent:2016?utm_content=bufferial&utm_source=twitter.co

Things to consider...

Keeping safe

- How safe is our personal information?
 - Do we have strong passwords? Eg capital letters, symbols etc
 - Do we all have usernames that don't reveal our full names?
- Have we considered parental controls which would be right for our family?
- Have we discussed online friendships and whether we can trust them?
- Do we need a family email address?
- Who will we talk to if we feel uncomfortable about anything we have seen or heard online or on a mobile phone or gaming device?
- When is it okay to download files, games or apps?
- Have we checked the reviews and ratings for apps and games?
- Which websites are okay for us to use?
- Should we open links from people we don't know?

Social networking

- Do we know the age requirements to be on social networks?
- Who can I post photos of online?
- Do I know why it is important for my accounts to be private?

Gaming

- Which age rated games can I play?
- Am I aware of why PEGI is important?
- Can I play online with people I don't know?

Positive online behaviour

- How can I be a good friend on the internet?
- What will I do if I receive frightening or bullying messages?

Healthy lifestyle

- How long can we spend online?
- Do we spend the same amount of time enjoying our offline activities?
- Where can we use our devices around the house?

Examples

Suggested ideas for an agreement with younger children.

We agree to...

I will use my tablet for _____ mins a day

We will make sure the children's favourite games are bookmarked for them to get to easily

Who is responsible for this?

Isabel and Phoebe

Mum and dad

Suggested ideas for an agreement with pre-teen children.

We agree to...

I will tell mum and dad when I see something that worries me

We will put parental controls in place but review it as the children grow up

Who is responsible for this?

Jack and Tom

Mum and dad

Suggested ideas for an agreement with teenage children.

We agree to...

I will make sure all my social networking sites are private and that I only accept requests from people I know

We won't post photos of our children without their permission

Who is responsible for this?

Jane, John and Ben

Mum and dad

the smart talk

Put your internet rules in writing!

<https://thesmarttalk.org/#/>

The Smart Talk gets parents and kids together for a conversation about being responsible with new technology.



1

Have your kid join you. Making decisions together gets everyone on the same page.



2

Answer a series of questions. These will set a few ground rules for all your devices.







3

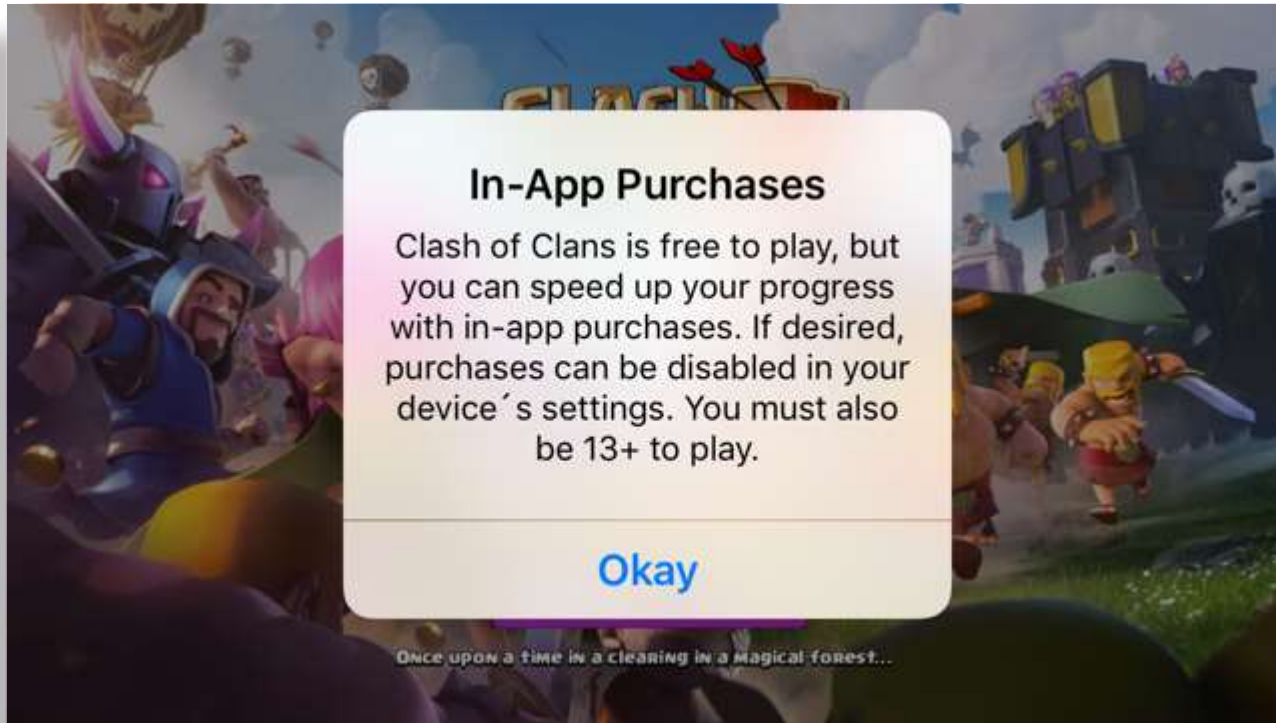
Print your very own agreement. Then post it where the whole family can see, like on the fridge.

PUTTING THE **FAMILY AGREEMENT** INTO PRACTICE

A family agreement is a great way to start a conversation with your whole family about how you all use the internet and discuss together how to behave in a positive way when online at home, at school or at a friend's house.

-  Make sure that both adults and young people are open to changing their online behaviour as a result of your agreement.
-  Make sure your agreement works for your whole family and everyone is happy with it.
-  Review your agreement in the future to make sure it reflects the current needs and ages of your family.
-  Consider your tone - Are you focusing on negative behaviour or promoting positive behaviour?

GAMING APPS



- no age verification
- no reporting facilities within Clan chat

If your child is going to use the multi-player option of the game unsupervised, be aware that they may come across adults and bad language - occasionally even both at the same time.

The game was the top grossing app on both the App Store and Google Play, with an estimated revenue of over £1 million (1.5million dollars) per day.

Gabriel is 11 and plays with his parents' permission. He says: 'I like how it's almost never ending and I can play with my friends on it.'

'I'm in one clan with friends from school. I don't really chat on it because I don't want other people seeing my info so we talk on Skype or ooVoo when we're playing. The bad thing is that it takes a long time to progress and you have to wait a day for some things, which is annoying.'

'It's OK for little kids like my cousin (6), to play under supervision and their new game, Clash Royale, is good, maybe even better!'

POINTS
1,109,400

TIME
09:55

MISSIONS

IN APP PURCHASES

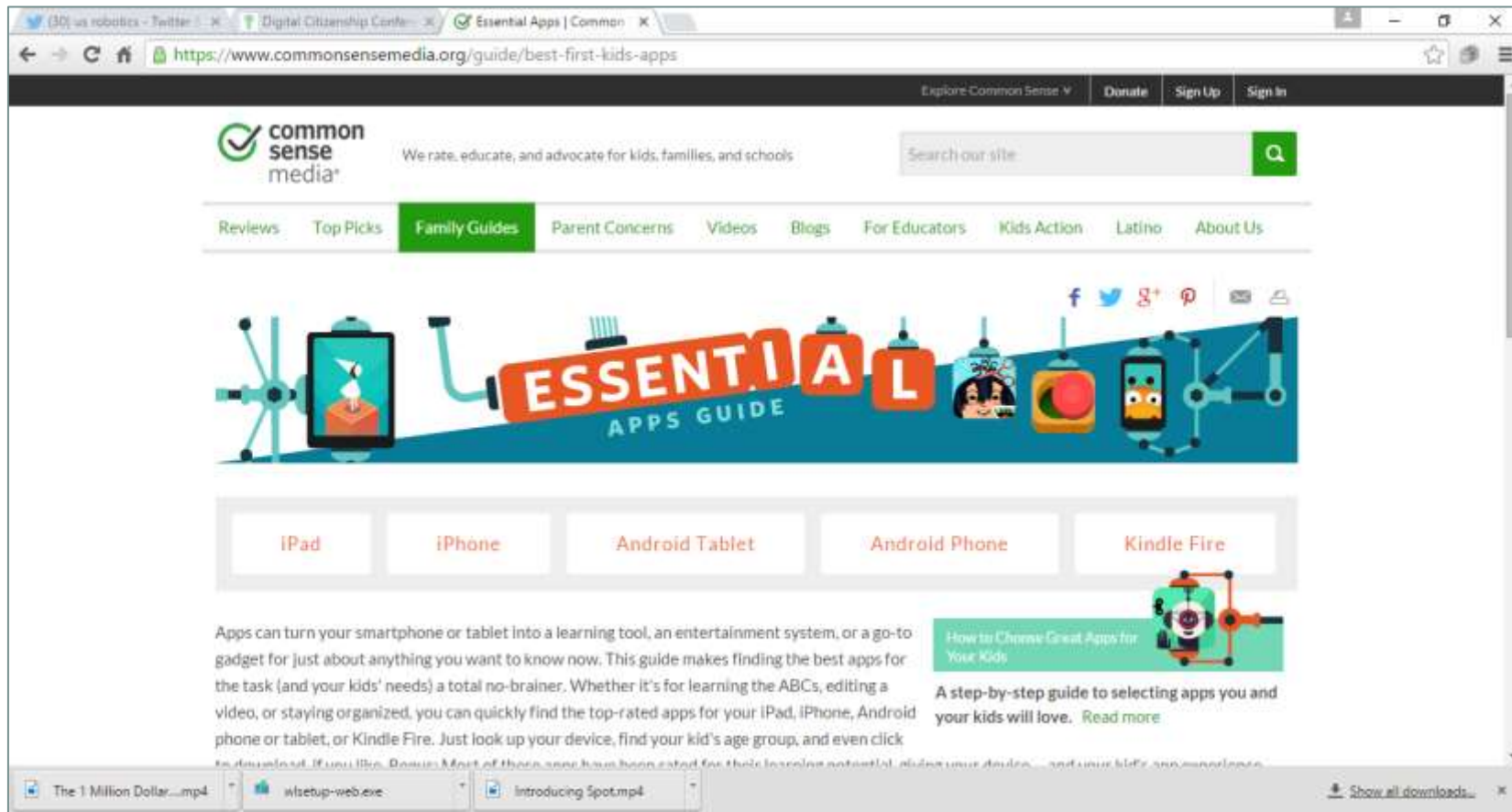


George Holmer of Nottinghamshire was appalled to find his 11-year-old son had forked out £3,500 to buy “gold” in a game called Arcane Empires, a “free” app.

Doug Crossan from Bristol discovered that his 13-year-old son had spent £3,700 on 300 purchases made in games such as Hungry Shark and Gun Builder (both “free” games) and Plants v Zombies (69 pence to download). Mr Crossan is a police officer. He reported his son to the police, in effect for fraud.

Mr Crossan said: “I am a father of a studious, polite and sensible 13-year-old who has been duped after uploading free children’s games on his iPod and iPad.”





NSPCC Netaware – Reviews of apps and games

<http://www.net-aware.org.uk/networks/?order=-popularity>

In association with





← Back to NSPCC site

O₂ 😊 NSPCC NetAware)))

Type and select network >

Explore all networks [A-Z](#) [Most popular](#)

Your guide to the social networks your kids use

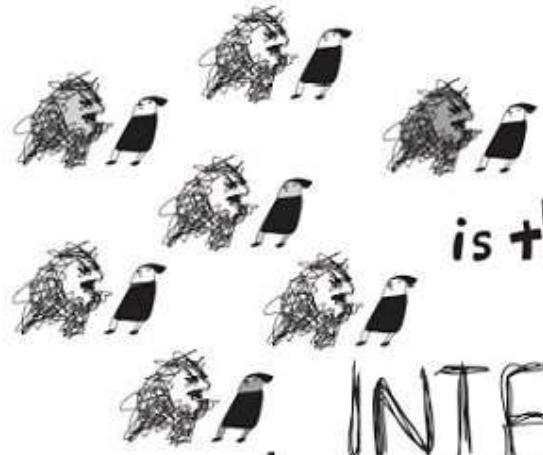
Stay up to date and keep your child safe in today's digital world



Search for a site, game or app to find out more >

Explore other networks [All networks A-Z](#) [Most popular](#)

The main content area has a blue background. It features a large heading "Your guide to the social networks your kids use" and a sub-heading "Stay up to date and keep your child safe in today's digital world". To the right is a cartoon illustration of a boy in a red shirt and cap holding a smartphone, with a dog wearing a red hood. At the bottom, there are two white boxes: one for searching for a site, game, or app, and another for exploring other networks with "All networks A-Z" and "Most popular" buttons.



BULLYING

is the REPETITIVE,
INTENTIONAL

hurting

of one
PERSON
OR GROUP



by



another
PERSON
OR GROUP



where
the relationship
involves

an
IMBALANCE
of POWER



bullying can be
PHYSICAL



VERBAL

or

PSYCHOLOGICAL



It's important that schools have a shared definition of bullying

PRACTICAL STEPS

- ❖ Find out what exactly has been happening.
- ❖ Keep a record of all incidents and when they occurred.
- ❖ Take screenshots of any messages before deleting them.
- ❖ Block and report anyone who's been bullying your child online.
- ❖ Change any passwords that might have been compromised by online bullying and check privacy settings.
- ❖ **Don't** confiscate your child's device or stop them spending time online.
- ❖ Make a plan for where your child can go to escape bullying at school.
- ❖ Make sure your child's school is aware – even if it's been happening outside school.



**[anti-bullying
alliance]**

SEXTING

"The report of crime has been filed with the three children involved named and given an outcome of not in the public interest to prosecute." BBC 2015

A boy who sent a naked photograph of himself to a girl at school has had the crime of making and distributing indecent images recorded against him by police

< Sexting leaves all young people at risk of bullying or blackmail from peers and strangers



National Police Chief Council's lead on children and young people, said if a school chose to take an incident to the police, then officers must record the crime.



Children as young as seven caught sexting at school, study reveals

More than half of teachers aware of sexting incidents with most cases involving pupils aged 13 to 16, according to NASUWT

REPORTING UNWANTED CONTENT



If your child has been **inappropriately contacted by an adult** online – e.g. sexual chat, being asked to do something that makes them feel uncomfortable or wanting to meet offline – you should report it to CEOP www.ceop.police.uk/safety-centre

Child Exploitation & Online Protection Centre



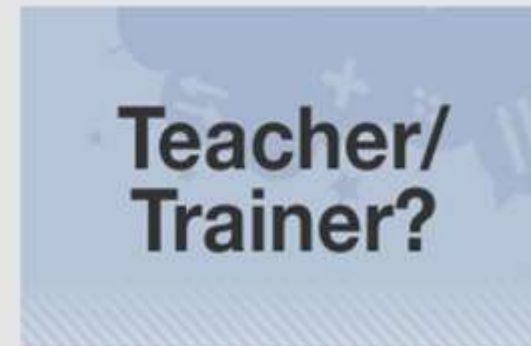
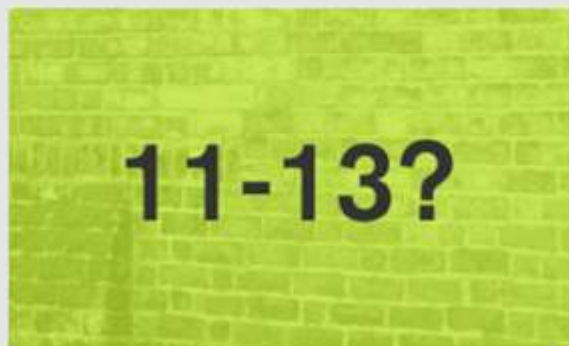
Parent Port brings together all of the media regulators and allows you to make complaints about online content www.parentport.org.uk/



Welcome to CEOP's Thinkuknow

Come in to find the latest information on the sites you like to visit, mobiles and new technology. Find out what's good, what's not and what you can do about it. If you look after young people there's an area for you too – with resources you can use in the classroom or at home. Most importantly, there's also a place which anyone can use to [report](#) if they feel uncomfortable or worried about someone they are chatting to online. All the information here is brought to you by the team at the [NCA's CEOP Command](#). We hope you like it!

Are you...



SHARE THESE RESOURCES WITH YOUR CHILDREN



KidSMART
a Childnet website

Visit Childnet's main website
www.childnet.com
for the latest resources and news

Childnet International

KidSMART

Adventures of Smartie SMART Crew

I have kids

SIGN UP for our e-bulletin here

Read "The Adventures of Smartie the Penguin"

Download Childnet resources

Fun activities to try at home

Skills School

A parents' guide to Internet devices

Know IT All for Parents

Parental Controls

The Adventures of Kara, Winston and the SMART Crew (8-11)

KidSMART

children!

book

Winston and the SMART Crew - films

Parental controls

Innocent searches online can lead to not so innocent results. But parental controls can help keep your child safe.



O₂ 😊 NSPCC

Let's keep kids safe online

PARENTAL CONTROLS - SHOULD YOU USE THEM?

Parental controls can be really useful, especially for parents of young or vulnerable children. They can help stop your kids seeing upsetting or inappropriate content before they're ready. But you may want to consider a few things before you set them up.

No tool is perfect

Under – and over – blocking

Long term wellbeing

Research out of the Oxford Internet Institute suggests that controlling your children's internet use too much could actually make them more vulnerable in the long term. Children who are very restricted when they go online tend to be less confident and able to deal with risk.

Make best use of tools to minimise the content your children are able to see, but do so in the certain knowledge that you cannot protect them from all the content that's online.

FILTERS AT HOME

Andrew K. Przybylski, Victoria Nash. **Internet Filtering Technology and Aversive Online Experiences in Adolescents.** *The Journal of Pediatrics*, 2017; DOI: [10.1016/j.jpeds.2017.01.009](https://doi.org/10.1016/j.jpeds.2017.01.009)

Oxford Internet Institute

WHAT DID THEY FIND?

Children are seeing images on smartphone apps, which means the use of filters inside the home may be out of date.

Filters are good at simple tasks like screening out swearing.

However a filter cannot know if a young person has known someone before it lets them start a chat on WhatsApp, or check what they're sharing.

Filters may also 'over-block' searches for information about issues that are important for teenagers, such as alcohol, drugs and sexual relationships.

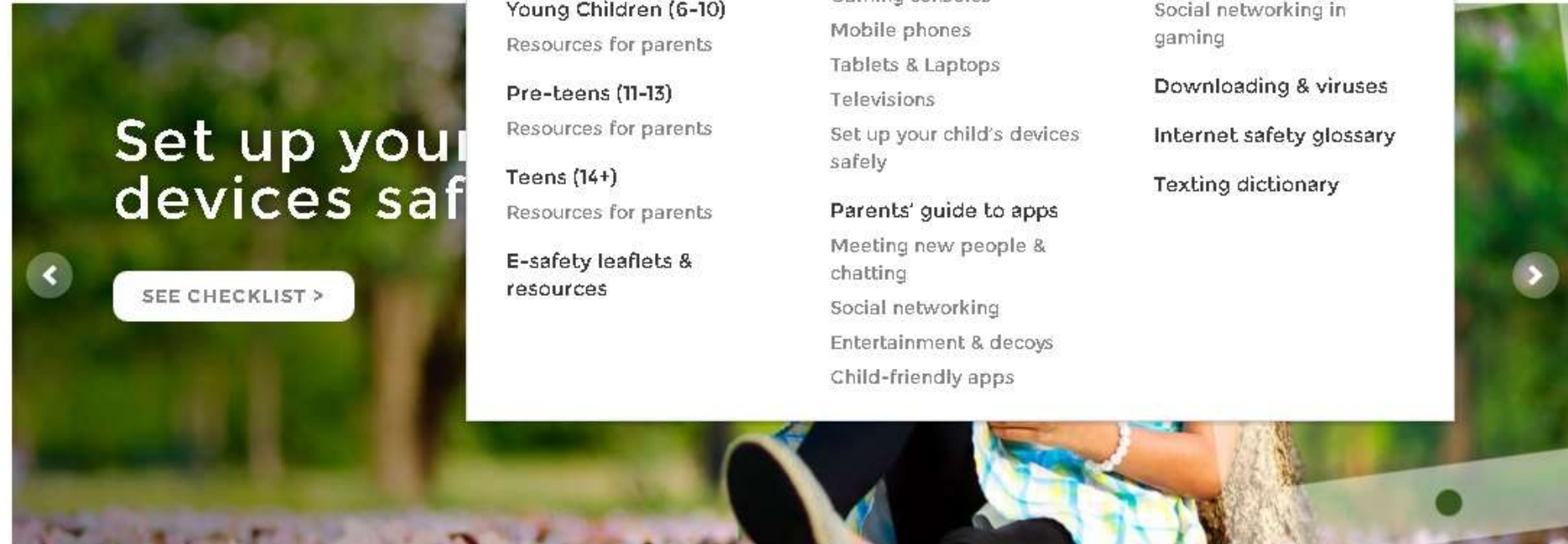


PARENTAL CONTROLS



How to set up parental controls on...	
Mobiles and tablets	
Home broadband	
Games consoles	
Film, music and TV	
Search engines	
WiFi and being away from home	
Apps and privacy	

Helping parents keep their



Set up your devices safely

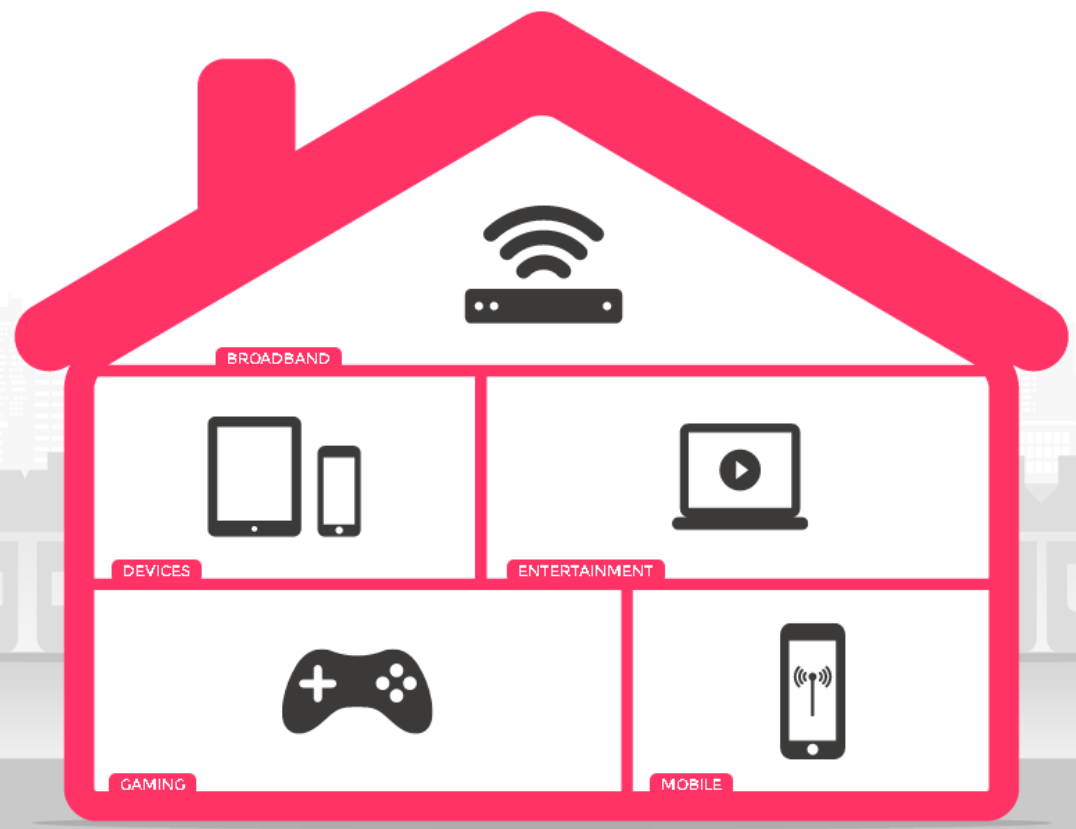
SEE CHECKLIST >

- Pre-school (0-5)**
Resources for parents
- Young Children (6-10)**
Resources for parents
- Pre-teens (11-13)**
Resources for parents
- Teens (14+)**
Resources for parents
- E-safety leaflets & resources**

- Parents' guide to tech**
Gadgets
Gaming consoles
Mobile phones
Tablets & Laptops
Televisions
Set up your child's devices safely
- Parents' guide to apps**
Meeting new people & chatting
Social networking
Entertainment & decoys
Child-friendly apps

- Social networking**
Online gaming
Social networking in gaming
- Downloading & viruses**
- Internet safety glossary**
- Texting dictionary**

Protect your kids by activating simple parental controls around your home



GET PROTECTED NOW >

PARENTAL CONTROLS — ALL DEVICES HAVE THEM

Here you'll find the relevant links to the parental controls instructions for the major devices.

Parental controls setup guides for the major tablets and smartphones:



Apple iPhone

Apple iPad

Android Mobile

Android Tablet

Parental controls setup guides for the major gaming consoles:



Xbox One

Xbox 360

PS3

PS4

Wii

Parental controls setup links for the main laptop and tablet operating systems:



Windows 7

Windows 8

Mavericks

Yosemite



<http://www.internetmatters.org/controls/devices-computers/>

PARENTAL CONTROLS OFFERED BY YOUR HOME INTERNET PROVIDER



We know that children, particularly younger children, can be bothered by things they see online, and filters can be a helpful tool in reducing the chances of coming across something upsetting.

Remember that filtering is only part of the solution

The 4 big internet providers in the UK – BT, Sky, TalkTalk and Virgin Media - provide their customers with free parental controls which can be activated at any time.

They have come together to produce helpful video guides to help you to download and set-up the controls offered by your provider.

<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls>

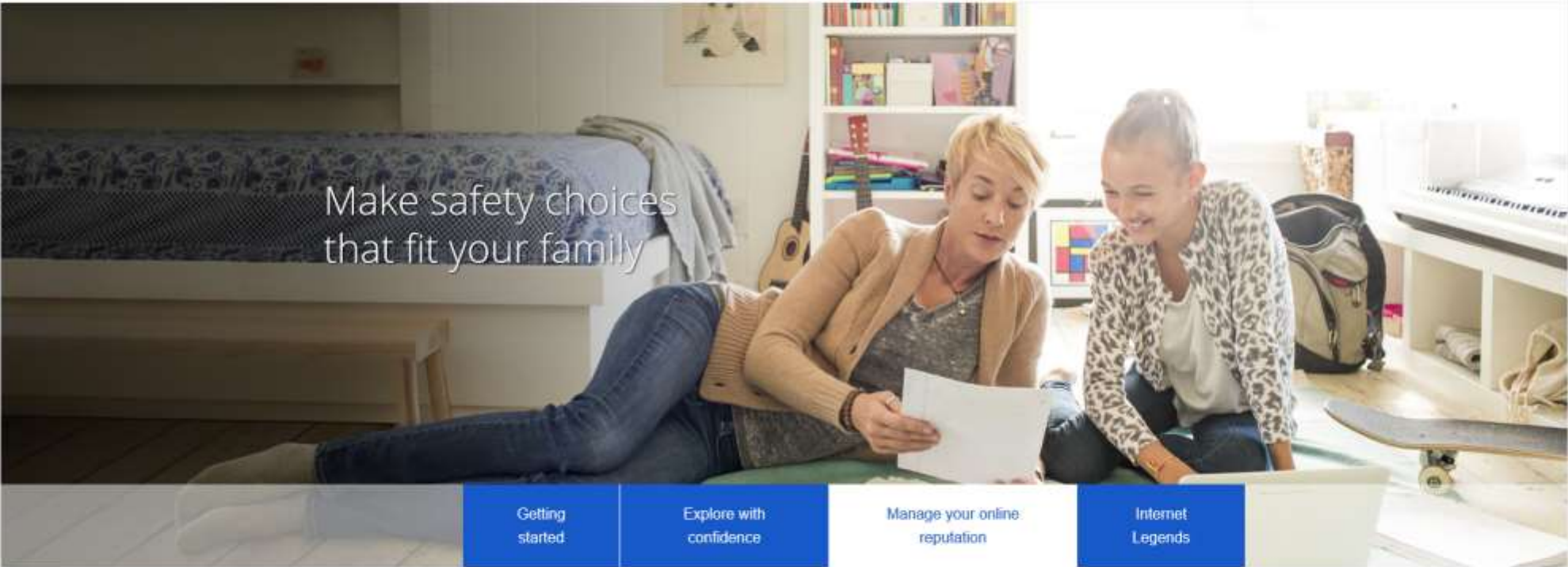


Manage your online reputation - For families - Safety Centre - Google - Microsoft Internet Explorer provided by Meriton Domain

https://www.google.co.uk/safetycenter/families/manage/

Google Safety Centre

Home For everyone **For families** Safety tools Partners Resources



Make safety choices that fit your family

Getting started Explore with confidence Manage your online reputation Internet Legends

TOPICS

- Introduction
- Keep personal information on a need-to-know basis
- Make smart connections
- Be an upstander, not a

Connect responsibly

From our ongoing conversations with parents, we know that staying on top of your teens' online activity is a big concern. Teaching your teen the basics of responsible digital citizenship will help them make good choices when you're not around. They should know how to respond to social

SAFETY TOOLS

Discover Google safety tools designed to help your family monitor their online reputation.

Manage YouTube

<https://www.google.co.uk/safetycenter/families/manage/>

What parents need to know

- Parental Controls are on your Account page, under Manage Profiles. Set them for the master account and they apply to all devices you then associate with it.
- You can set up a separate account for up to five people and tailor the settings to the age of the individuals by choosing one of four maturity levels, which determines what they will be able to view: Little Kids, Older Kids, Teens and Adults.
- If you just want to view child-friendly content on any account, choose the Kids link at the top of the screen. To find out about Netflix's ratings criteria, [click here](#).
- In theory, a child can click on an adult's icon, but they will be asked for the account PIN before they can switch users. Be aware that once you have entered a PIN you won't be asked again on that device until you sign out of your account. Remember to log out of the device or the desktop site on a PC or laptop if a child could use it after you.
- As an additional safety feature, you receive an email if you update your PIN on any account.

HAVE A CONVERSATION

Talk about the good stuff, not just the bad.

Not sure where to begin? These conversation starter suggestions can help.

1. Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
2. Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
3. Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
4. Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
5. Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

FRIENDS LIKE ME: THE SCREEN LIVES OF CHILDREN AND TEENS

It aimed to address a 'gap' in communication between parents and children over digital habits and experiences.

The childrens' main concerns

They don't like seeing porn early (without explanation made the children more likely to feel scared and vulnerable.) reactions range from confusion and anger to fear.

Some children and younger teenagers feel that they have 'broken the rules' and will be punished by parents or teachers.

Some feel judged by parents, and will therefore not tell them if they have been exposed to something disturbing online.

Most of the children as well as early teens want parents to explain sex to them at a much earlier age.

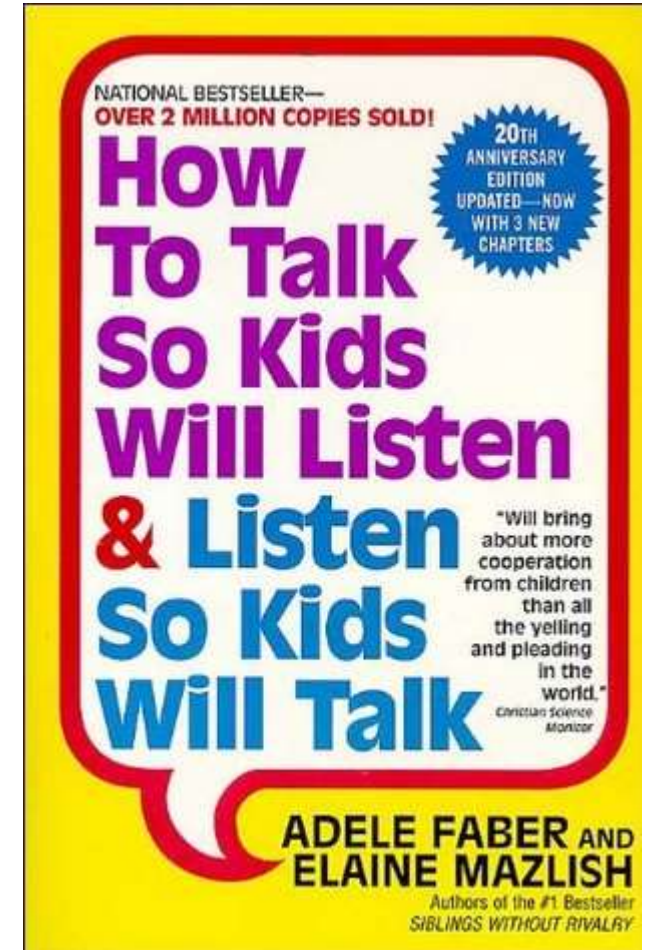
The teenagers describe how the boundaries between porn and mainstream media content are very fluid – you could love a mainstream book series like Harry Potter and then easily be exposed to sexually explicit #fanart created around characters from that book series.

Teenagers want parents to 'touch base' with them more often, creating opportunities for safe, open conversations.

How to talk so kids will listen and listen so kids will talk.

By Adele Faber and Elaine Mazlish

Explains how to cope with children's negative feelings, how to express anger without being hurtful, how to engage a child's willing cooperation, how to set firm limits and maintain goodwill, and, how to resolve family conflicts. It also outlines alternatives to punishment.



<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/talking-about-difficult-topics/>

ATTACKS AND BOMBINGS

Hearing about attacks or bombings like the ones in London and Manchester, can make you anxious or scared. You might feel unsafe and if there are a lot of things in the news about the attacks, it can feel like the threat is massive. But it's important to remember that in reality, terrorist attacks are very rare.

Keeping you safe - what's happening?

- The police have made sure there are more officers in towns and public places like train stations.
- Airports have strict security checks and more security staff.
- Local communities are trying to teach people about world issues and safety.
- Public spaces like concerts, football matches and events have strict security.
- The government and police have specially trained workers who are always finding new ways to protect the UK.



Getting through a tough time

If you're struggling with something that's happened, we've got some advice to help

Info and advice Get support Toolbox Get involved Your locker  

Sign in | Sign up

You are here / Home / Info and advice / Your feelings

childline_ 

WORRIES ABOUT THE WORLD

Some things that are happening in the world can make you feel unsafe or like we don't have control. However, you can share your feelings and get support.

On this page

Extremism, terrorism and radicalisation

Attacks and bombings

Being bullied or treated badly

What to do if you're worried

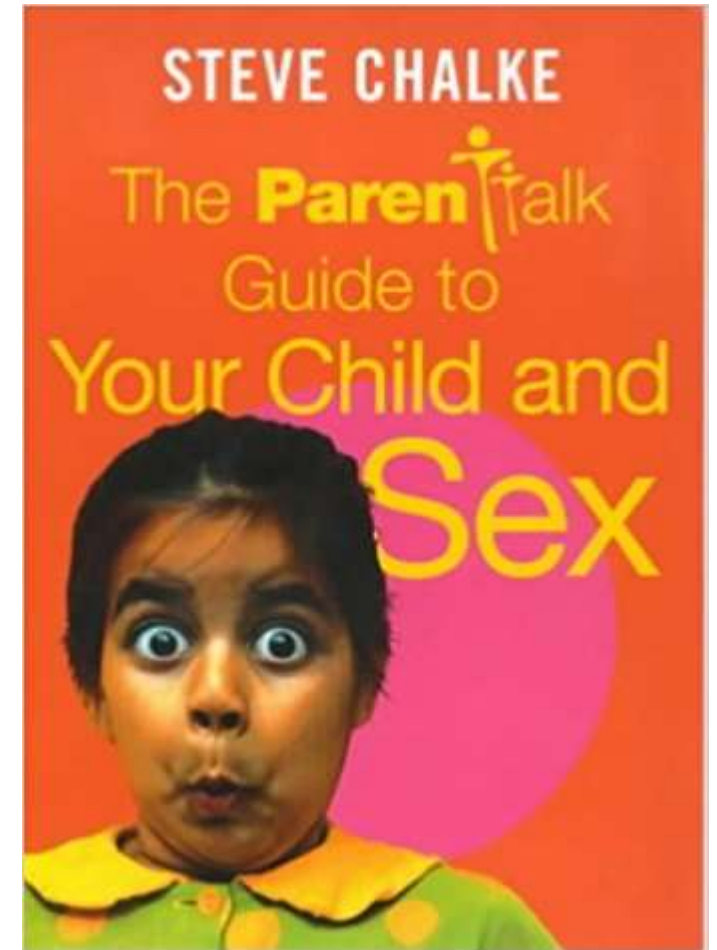
5 things to try if you're worried

1. talk to an adult you trust
2. get support from our counsellors.
3. share your thoughts on our message boards
4. focus on positive things
5. use our mood journal to track feelings.

The Parentalk guide to your child and sex.

By Steve Chalke

A father of four children, the author takes an honest and humorous look at how to overcome the embarrassment factor and offers practical information and advice for parents on talking to children about sex



LETS TALK PANTS



Privates are Private.

Always remember your body belongs to you.

No means no.

Talk about secrets that upset you.

<https://www.youtube.com/watch?v=-IL07JOGU5o>

There are good and bad secrets. Good secrets can be things like surprise parties or presents for other people. Bad secrets make you feel sad, worried or frightened. You should tell an adult you trust about a bad secret straight away.

QUESTIONS FROM REAL PARENTS

Amanda: “Reviewing my Instagram feed the other day, I saw a recommendation to follow one of my son’s classmates... she just turned 10. Her mum and I are friends, and I feel a little stuck in what to do next.”

Say something...

If we strive for open communication about parenting and technology and take a community-minded approach when we are concerned about children’s behaviour, we can all benefit.

Begin with something like, “wow, I can’t believe our kids are on social media already, they are growing up so fast...” could open the door to a productive conversation.

WHAT WE DO KNOW...

1. Building a child's digital resilience will keep them safer than blocking or filtering
2. Don't limit the talk you have with your child to 'the online safety conversation'
3. Balance taking an interest in your child's online activities with giving them the space to be independent
4. Don't be afraid to set boundaries
5. Concentrate on how children use digital media rather than for how long

TOP TIPS FOR SUCCESSFUL ONLINE PARENTING

"Good parenting is the single best way to keep your children safer online."

"Resilient children are more likely to set their own limits and safeguards. To do things like block users that are troubling them, or leave services that have content that upsets them."

WHERE CAN I GET HELP?

❖ <http://www.internetmatters.org/>

❖ <http://www.saferinternet.org.uk/advice-and-resources/young-people/3-11s>

❖ <http://vodafonedigitalparenting.co.uk/>

❖ <http://www.childnet.com/resources/kia/>

❖ <https://www.thinkuknow.co.uk/parents/> CEOP (Child Exploitation and Online Protection Centre)



DIGITAL PARENTING MAGAZINE

<http://www.vodafone.com/content/digital-parenting/learning-and-fun/digital-parenting-magazine.html#>

Please note, it is a very large file so make take some time to open.



SIX APPS YOU SHOULD KNOW ABOUT



SNAPCHAT



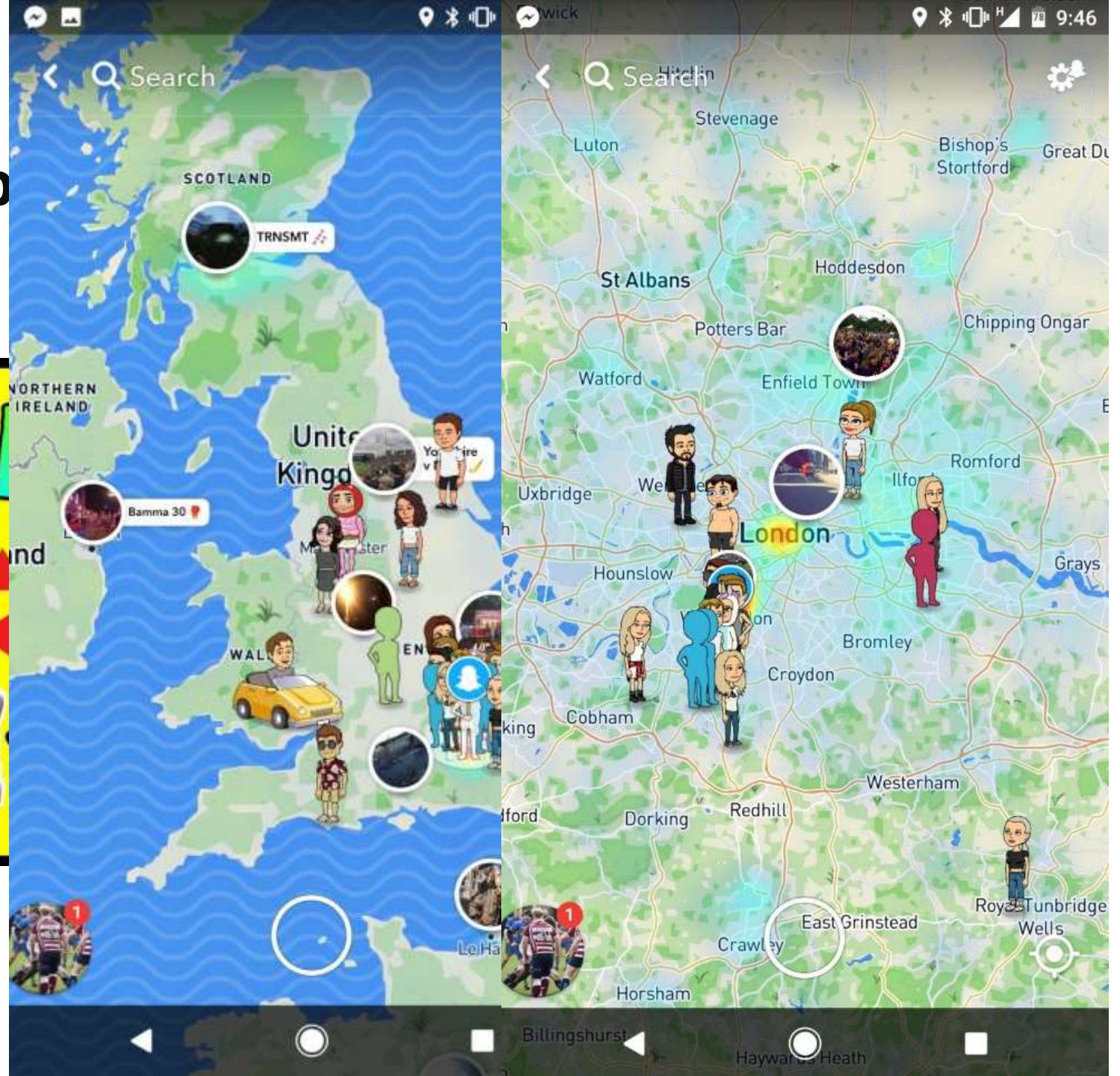
The photo messaging app allows users to take and share photos and videos, adding text and silly graphics to people listed in their smartphone's contact list who also have the app.

When Snapchat launched, its success came from the ethereal nature of the 'Snaps' – they lasted only a few seconds before disappearing and couldn't be saved by the person receiving them. This meant children could have fun, pulling silly faces and not worrying that the image would be around forever.

As Snapchat has evolved, this has changed. The person posting can now choose how long the images are available by creating Stories, which are available for up to 24 hours. Images can also be screen shot outside the app and shared by the person receiving them.

Snapchat is unmoderated and therefore, you cannot filter the posts your child receives or Stories they view, which means they can be exposed to adult content.

SNAP CHAT - SNAP



vodafone AU 3G 3:35 pm 31%

Snapchat glitched and it's telling me my bestfriend and my boyfriend are at his house?
😞😞😞



CHOOSE WHO CAN SEE YOUR LOCATION



It is important to be careful about who you share your location with, as it can allow people to build up a picture of where you live, go to school and spend your time. We would encourage users not to share their location, especially with people they don't know in person.

There are three settings for sharing your location on the map

Ghost Mode

means that you are the only person who can see your location on the map. Within Ghost Mode you can still see the locations of your friends but they will be unable to see you. This setting will ensure that you have complete control over who knows your location.

My Friends

means that all of your contacts on Snapchat can see your location. If turning on this setting then it would be important for users to review their Snapchat contacts and also make sure that they never add someone they don't know in person onto Snapchat.

Select Friends

This setting allows users to look through their friend list and then decide which of their friends they want to be able to view their location. This setting gives users the opportunity to control who can view their location.

ADVICE TO YOUNG PEOPLE

- Only share your location with people you know in person. Never share your location with strangers.
- Don't add contacts to Snapchat if you don't know them in person.
- Regularly review your settings and take an active decision about whether you want people to know your location. Remember you can switch this off at any time.
- Think about where you're sharing your location. Location services such as Snap Maps can lead people to your house. Think about what times you're on the app and whether these are locations you want to share – if not, then turn this off within your settings.
- Photos and Videos posted to “Our Story” will still be discoverable on the map.

INSTAGRAM



Instagram allows its users to share images and videos with each other. It has recently introduced live streaming.

Users can comment on posts, which can lead to both positive and negative judgements.

Posts can be seen by anyone as default, but you can change your child's privacy settings so that only people they know can see them. However, their bio, profile and profile image will remain public.

Instagram has been accused of contributing to the rise in body image issues among young people. Celebrities post images that have been heavily edited, professionally styled and often retouched, giving an idea of beauty that is both unreal and unattainable for most people, while young people themselves can obsess over taking the perfect selfie.

MUSICAL.LY



Musical.ly lets you make and share music videos and its popularity has surged among children and young people, spawning its own young stars, rather in the manner of how YouTube launched the likes of Zoella and Alfie Deyes.

Users pick a song from within the app and dance or sing along, enhancing their videos with editing effects. They can then share their video or keep it private.

Because Musical.ly is an unmoderated live streaming app, parents should be aware that users can be viewed and contacted by others, including people they don't know. There have been reports of requests for images of a sexual nature from strangers commenting on children's videos.

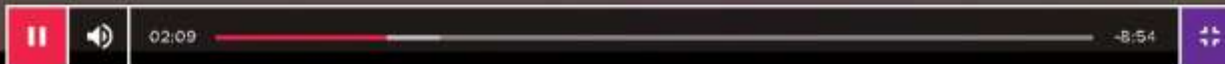
Users can report abuse by tapping on the three dots icon (...) within the app and following the instructions. To block, go to the user's profile, click the three dots icon in the upper right hand corner of the screen.

MUSICALLY - LIVELY

During an eight-day investigation, Channel 4 News viewed 45 hours of live streams which revealed nearly half of the streams viewed contained inappropriate content, directed to girls as young as nine.

show your boody

I wanna see your body



YOUTUBE



Children and young people love YouTube. Some just like watching the clips – anything from Taylor Swift performances to cute cat videos to YouTubers like football gaming star KSI – while others make their own and post them for others to watch and comment on.

YouTube has simple parental controls to restrict access to adult content, strict community rules about posts and an easy process to report illegal, harmful or upsetting content. But there is still a chance your child will come across content you wouldn't want them to, including religious and extremist propaganda. That's why it's important to encourage them to think critically about anything they see on the platform. The content may not be true or have come from a verifiable source.

To post, you need to be 13 years old and open an account but you can watch content at any age. For children under 13, there is an app, YouTube Kids, with content specially curated for that age group.

SKYPE



Live streaming services like Skype allow users to broadcast in real time with no moderation.

Lots of families happily use Skype – it's a really useful app that can help people stay in touch with friends and relatives who live a long way away, or when parents are separated.

They can be used by people to communicate with children privately, which can be particularly worrying if your child uses them to talk to strangers online.

One of the problems for parents is that your child might not think their online friend is a stranger at all, so could be persuaded to do things they wouldn't normally, such as sharing sexual images, or become interested in extremist political or religious views.

Skype doesn't offer a facility to record conversations, but people could record them with a separate device or programme, and then share images without your child knowing.

Warn them of the dangers of using live streaming sites, and advise them that, if they do, they shouldn't give away anything that will identify their full name, where they live, like to hang out, or go to school when using these sites to talk to people they do not know in real life.

As with all sites and apps they use, teach them how to block and report, and make sure they have a trusted adult to confide in should something go wrong.

WHATSAPP



Another app parents are increasingly aware of because they use it themselves, WhatsApp allows groups of users to have a running conversation. It's good fun and can save a lot of time when organising activities – or even what the family is having for tea.

Children and young people use it to share images, organise homework and generally chat with their friends and they can communicate with anyone in their contacts list who has the app. It's aimed at 13+ (the age you could sign up came down from 16 after it was bought by Facebook, bringing it in line with its parent company's terms and conditions.)

There have been reports of bullying and inappropriate contact from adults on the app. It's unmoderated so young users will need to know how to block upsetting or illegal contact and report users within the app themselves.



ACTION FRAUD



WhatsApp

Your subscription is ending soon

Please update your payment information now

UPDATE YOUR PAYMENT INFORMATION

Our records indicate that your WhatsApp trial service is exceeding the one year period. At the completion of your trial period your WhatsApp will no longer be able to send or receive message. To continue using WhatsApp without interruption, we need you to subscribe for any of our subscription periods.

To avoid service interruption, please subscribe by visiting your account page below.

Sign in to the [customer portal](#) with your Number;

We appreciate your prompt attention to this matter, and look forward to continuing to meet your communication needs.

Sincerely,
The WhatsApp Team

Account information

Service: [WhatsApp Subscription](#)

Helpful resources

[Sign in to the service portal.](#)

Have Questions? [Visit the Community.](#)

99

1. Problems
2. Being Flaky
3. Almost 100% Certain
4. Parent Stopped watching

99 means parent watching and can also be written as CD9 (Code 9).

Two nines written as 99 means that they have stopped watching and have left the room.

Other ways of writing that parents are watching include @ @ @, PAW (Parents are watching), PAL (Parents are listening), PIR (parent in room), PWOS (parents watching over shoulder).

KMS

1. Kiss me slowly
2. Kilometres
3. Keep my Secret
4. Kill my self

KMS is used to mean kill myself although usually not a literal threat to commit suicide but more as an exaggerated form of annoyance, e.g.: “My mum won’t let me go to the party this weekend... KMS”

MIA

1. Mum is About
2. Message if alone
3. My Internet Age
4. Bulimia

Worryingly, Mia is a nickname used to discuss the eating-disorder Bulimia in online chat-rooms and forums. Ana is also mentioned when referring to Anorexia, another type of emotional disorder characterised by an obsessive desire to lose weight by refusing to eat. Often, the terms “Goddess Mia” and “Goddess Ana” are dropped in online conversations where tips on losing weight are discussed predominantly by young female teens.



1. I've just seen something x- rated
2. She didn't even see me
3. I can't see your point of view
4. I'm so tired I'm cross eyed

This emoji is often used in online chats when something NSFL (not suitable for life) has been posted or discussed.

FOUR WAYS TO KEEP YOUR CHILD SAFE ONLINE

- Talk regularly about online safety and what they are doing
- Explore their world online together
- Agree rules about what is OK and what is not
- Manage your family's settings and controls

Tips from Share Aware (www.nspcc.org.uk)



thank you

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