



The Sherwood Newsletter

Resilience Equality Self-confidence Positivity Empathy Co-operation Tolerance

Friday 13th February 2026

Article 17: You have the right to collect information from the media - radio, television, newspapers etc. - from all around the world. You should also be protected from information that could harm you.

Article 6: You have the right to life and should enjoy opportunities to grow and develop in conditions that don't impact negatively on your mental wellbeing.

Dear Parents and Carers,

It is lovely that spring is finally on the way and the days are getting longer and lighter! We have received yet another letter of congratulations, this time from Councillor Ross Garrod, Leader of the Council, in recognition of the excellent achievement of children eligible for the Pupil Premium Grant in the National Curriculum Assessments. It is on the next page of this newsletter.

We hope that you found your parent consultations with teachers helpful and have a good idea of how your child is progressing with their learning. If you didn't manage to attend a meeting, please contact your child's teacher to arrange a time when you can either meet in person or speak over the phone. We welcome this time to share your child's next steps so that you can support them at home as well as celebrate their successes.

As usual, we have been very busy in school. We have attended a number of sports competitions and events organised by Merton School Sports Partnership and are very proud of the children who have competed. Well done to the children who took part in the Gymnastics Development Competition & the Year 3 and 4 Multi skills festival. In the coming weeks, children will be attending the East Schools Swimming Competition, netball tournaments and the Dance Festival.

Last week, children took part in Storytelling Week activities, spending time in different classrooms to share favourite books and read together. This was a fantastic way to promote a love of books in what is the National Year of Reading. We also marked the NSPCC's Number Day with a special MUFTI on Friday. Thanks to everyone who contributed, we are sending £89.52 to the NSPCC!

This week, we have focused on Children's Mental Health. We spent time learning about different emotions and how to recognise when they might need support.

We hope you all have a wonderful half term holiday and manage to find time to see friends and family. We look forward to seeing you all back in school on Monday 23rd February at the usual time.

Best Wishes, *Mrs Samouel*



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Equality
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Headteacher



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Date: 10/02/2026

Dear Ms Samouel,

I am writing to personally congratulate you on receiving a letter of commendation from Bridget Phillipson, Secretary of State for Education, recognising the exceptional achievements truly well-deserved, and a wonderful reflection of the remarkable work happening at your school.

I know how much dedication, perseverance, and heart goes into achieving results like these.

Please pass on my sincere thanks and congratulations to your team and pupils. Their achievements make our whole borough proud.

Yours sincerely,



Councillor Ross Garrod
Leader of the Council
Labour Councillor for Longthornton Ward

Cc: Dame Siobhain McDonagh MP and Councill Sally Kenny

A message from Bridget Phillipson



Dear Andriana,

Congratulations to you and your team on the excellent outcomes the disadvantaged pupils at The Sherwood School achieved at the end of the 2024/25 academic year. Your school's performance places it among the very best nationally, and this is a significant achievement.

This success reflects the dedication of your staff and the hard work of your pupils. It shows what can be achieved when ambition and commitment come together. Thank you for everything you do to give children the best possible opportunities to succeed.

Your school's achievements demonstrate what is possible, and I hope you will continue to share your experience and best practice with others. Even the strongest schools can go further. We encourage you to lead the way as a system leader - sharing effective practice, championing networks, supporting collaboration, and helping raise standards across the sector.

There are real opportunities available for you to support improvement for a wider group of pupils including through:

- engaging actively with [your region's RISE networks](#) and partnering with nearby schools and trusts;
- contributing to regional roundtables and professional communities to spread the approaches that are working in your context; and
- sustaining excellence by continuing to focus on disadvantaged pupils

Please pass on my thanks and congratulations to your staff and pupils. I look forward to working with you as we strive together to raise standards for all.

Your sincerely,

Bridget

Bridget Phillipson
Secretary of State for Education



Star of the Week!

Friday 13th February 2026

Week Beginning 2nd February 2026

1 Rose	Harry	He has been working hard to get involved in the classroom and complete all his work. He has practiced writing addition & subtraction number sentences, helping his peers.
2 Sunflower	Paul	He is kind, helpful and always comes into class with a big smile on his face. He enjoys taking on extra responsibility around school and is a reliable member of the class.
3 Fir	Chidera	For always doing the right thing & being a fantastic role model in class. You are consistently respectful, kind & a wonderful friend to all. Good luck in your new school!
3 Willow	Riyana	"She is kind and polite to everyone & she brings us all happiness. She is always friendly and she plays with everyone. She is a good friend and we like to play her games."
4 Birch	Hajra	Because of the brilliant attitude she has displayed throughout the whole of Spring term. She always completes her homework and this has helped her with her learning.
4 Maple	Lola	She has been working hard to improve her handwriting and has been first to work out a mental calculation, proudly holding up her whiteboard with the correct answer.
5 Beech	Kwame	He has demonstrated a good understanding of division and now knows that when a number is divided by 1, the quotient remains the same as the dividend. Well done!
5 Elm	Mia-Rose	She completes all her home learning on time & to a high standard. She has even been asking for extra maths practice. Her efforts have had a positive impact on her work.
6 Chestnut	Hajrah	She approaches her learning with focus and determination, which is clearly reflected in her work. She is writing an excellent non-chronological report about a mythical beast.
6 Oak	Riko	This conscientious boy is always 100% focused on his learning and he clearly takes pride in his work: all his books are presented beautifully. Keep up the amazing work!

Week Beginning 9th February 2026

1 Rose	Dulasi	She has worked extremely hard to publish her own non-fiction book, writing about what it eats, looks like and where it lives. She even added in a contents page with numbers!
2 Sunflower	Zachary	He has worked really hard to complete his work on time. In English, he finished his big write based on 'Man on the moon', using adverbs to create a successful story.
3 Fir	Alaaya	has been voted as star of the week by her class. They say: "She has a growth mindset and is consistently showing respect" and "She is kind and respectful". Well done!
3 Willow	Sarah	"She is polite and she helps anyone who needs help." "She makes good choices and always listens to the teacher." "She is respectful to everyone and is a very good friend."
4 Birch	Alanya-Li	She has completed great pieces of work in all subjects. She puts in 100% effort into everything she does. Her presentation is immaculate and it's a pleasure to mark.
4 Maple	Dharun	There does not seem to be any challenge that he cannot rise to and succeed at, due to his diligence, determination & dedication to do his best. He is an excellent role model.
5 Beech	Henry	He showed great concentration skills and is starting to improve with his learning. His hard work is shining through in everything he does. He is a caring & thoughtful person.
5 Elm	Jayden	He has been working hard in every lesson to complete tasks. He has remained focussed & made contributions to discussions. he has completed all his home learning.
6 Chestnut	Wilson	He has worked hard this term &, as a result, his reading & maths assessment scores have improved considerably. His dedication & perseverance are really paying off.
6 Oak	Sofia	In all lessons, Sofia maintains a positive attitude, even during challenging tasks. Her focus in lessons and dedication to learn has been reflected in her recent test results.



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Spring Term Calendar Dates

Event	Date	Location
Year 3 Polka Project 'Write Here, Write Now' begins	9 th January	Classroom
National Handwriting Day	23 rd January	
Year 5 & 6 Multi Sports Festival	23 rd January	Canons Leisure Centre
Year 5 & 6 Girls Dodgeball Festival	28 th January	Harris Academy Morden
Storytelling Week	2-8 February	
Parent Consultation Evening 3.30p.m. – 6.00p.m.	2 nd February	
NSPCC Number Day	6 th February	
Year 3- 6 Gymnastics Development Competition	11 th February	Canons Leisure Centre
Parent Consultation Evening 3.30p.m. – 6.00p.m.	11 th February	
Year 3 Visit to Pollards Hill Library	12 th February	Pollards Hill Library
Year 3 & 4 Multi-skills Festival	13 th February	Harris Academy Morden
Children's Mental Health Week	9-15 February	
Safer Internet Day	10 th February	
Half Term 16-20 February		
Year 5 Trip to the Science Museum	25 th February	Science Museum
Book Week & World Book Day 5.3.26	2-6 March	
Year 5 & 6 Swimming Competition	5 th March	
Year 4 Visit to Polka Theatre to see 'Sisters'	5 th March	Polka Theatre
MMF 'To Boldly Go' Concert at the Royal Albert Hall	10 th March	
Year 5 & 6 Netball Competition	13 th March	Harris Academy Morden
Year 4 London Mozart Players Workshop	13 th March	
British Science Week: 'Curiosity – What's Your Question?'	9-13 March	
Year 4 Anglo Saxons & Viking Workshop	20 th March	School Hall
Comic Relief MUFTI Day	20 th March	
3.20 – 4.00p.m. Open Afternoon for Parents & Carers	23 rd March	
Dance Festival @ Perseid School	26 th March	Perseid Upper School
End of Term 2.15p.m.	27 th March	



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Year 6 Learning

Friday 13th February 2026

As part of our art topic linked to our history learning about the Shang Dynasty, the children had a fantastic time creating their own “eye dragons” using clay. Inspired by ancient Chinese artefacts and the importance of dragons in Shang culture, the children carefully shaped, sculpted and added intricate details to their designs, thinking about patterns and symbolism.





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Gymnastics Competition

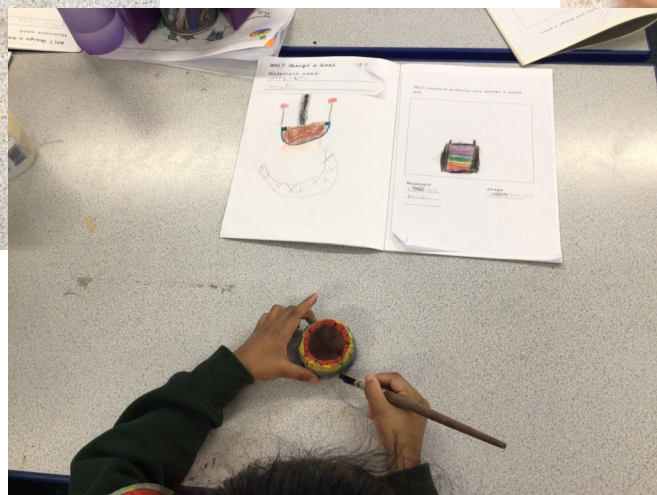
On Wednesday 11th February, two Year 5 girls and two Year 6 girls represented our school at the MSSP gymnastics competition. The four talented gymnasts - Phoebe, Olivia, Abigail and Mia-Rose, demonstrated fantastic teamwork, determination and school spirit throughout the event. They achieved 2nd place in the competition! Well done, girls — you did Sherwood proud!





Year One Cross-curricular activities:

This term children in Year 1 have been looking at plants in Science and have even grown their own bean plants. In Design and Technology, the children have been working hard to design their own pots. They drew them, listed the materials and even coloured them in. Next, they used the pinch and twist method to mould their own clay pots. After they dried, they painted them as per their design.





Junior Parkrun
Sunday 15th February

Figges Marsh
9.00am





Support my Child's Sleep Free Online Parent/Carer Group

Sleep is one of the most common challenges for Merton parents of young children aged 4-8.

This free NHS group programme offers practical, evidence-based advice to help improve your child's sleep - and yours - over the course of three weeks.

What do the sessions cover:

- The Science of Sleep and why it matters
- Common Sleep Difficulties in children aged 4-8
- Creating the right environment and routines.
- Supporting your child to sleep more independently.
- Practical tools and strategies you can use straight away



When does it start:

Fridays online between 12.30pm-1.30pm starting Friday the 27th of February, 3x weekly sessions



Please scan the QR Code or click here to sign up for the group

If your child attends a Merton Primary School but you can't do this time - you can still complete a form to register interest for future groups or 1:1 sessions.

Parent/Carer Webinars

Early Years Spring/Summer Term Schedule

Scan the QR code to sign up to any of these
free local NHS webinars for nursery/reception parents & carers

We also provide free 1:1 early support
for parents of primary aged children
to support their child's common
worries and anxieties, or support
children's everyday challenging
behaviours.

Speak to your school to find out more.



**Feeding and its
difficulties in the
Early years**

14TH January 12.-1.30pm

23RD February 8.15 - 9.30pm

27TH February 12.00 - 1.00pm

**Starting early - how to help
your child learn practical
skills at a young age**

**Managing big feelings in
small people; tantrums,
aggression & how to
respond**

20TH APRIL 8.00 -9.00pm

24TH APRIL 12.00 -1.00pm



Support For Parents/Carers

Helping your Child Feel more Confident, Calm & Happy

WHAT WE OFFER:

- Friendly, practical **1:1 advice and support for parents**
- 6-8 evidence-based weekly 1:1 **parent sessions** with proven strategies, personalised for you
- **Free online webinars** on children's wellbeing
- Resources and **recorded workshops** to use anytime

- **Calmer routines** and **fewer conflicts** at home
- Children feel **more confident** in new or social situations
- Children **learn to cope with worries** and **build resilience**
- **Parents feel supported**, reassured, and not alone

HOW IT HELPS:

*"The **support was fantastic** - I **felt listened to** and encouraged."*

*"We now **have calmer routines** at home and my **child is happier** at school."*

*"I'd **recommend this service** to any parent."*

WHAT PARENTS SAY:

Scan the QR code to find out more and apply, or speak to your child's school



SCAN ME

For more information, please go to: <https://swlstg.nhs.uk/education-wellbeing-service>, or email the team at EWSinfo@swlstg.nhs.uk





Who are we?

We are NHS wellbeing and mental health practitioners, working in your child's school providing evidence-based support programmes for parents and carers of children who are experiencing anxiety, fears and worries or everyday behaviour challenges.

Who do we see?

Primary school parents and carers whose children sometimes struggle with...



Managing their emotions, leading to behaviours, such as tantrums, not listening or following instructions, difficulties at bedtimes or mornings, being rude to parents, etc.



Anxiety and worry (e.g. shy, panicky, clingy or fearful of specific things, such as separation, school or social situations, avoiding situations or seeking high levels of reassurance)

Parents/carers who are not currently receiving support from CAMHS or Children & Family Services

What do we offer?



6-8 weekly, one-hour sessions, at school or online



Help to understand your child's feelings/behaviour



A chance to learn practical strategies that you can practise during and between sessions to support your child's wellbeing

What happens next?

Once we receive this completed form from you/your child's school, we will contact you to arrange a time to hear a little more about your family and check that we are the right service for you.

If so, we will arrange to see you for 6-8 sessions. Each session has a different topic and set of tools and ideas to help your child.

We will ask you to try out these tools and ideas between sessions.

While you are waiting to see one of our wellbeing practitioners, visit our YouTube channel: @educationwellbeingsservice It's full of helpful videos and webinars for parents and carers



Research shows that working with parents and carers of primary aged children helps more and faster than working with children directly.

Over 95% of parents who completed our programmes made progress towards their goals and would recommend our service to other parents!



The Sherwood School



Breakfast Club

7.30am drop off, breakfast
served before 8am

£8 per session
(£6.66 with tax-free childcare)

After school Club

3.45pm—4.30pm pick up

HALF session

£6 per session

(£4 with tax-free childcare)

4.30pm- 5.30pm pick up

FULL session including food

£12 per session

(£10 with tax-free childcare)

For more information and to book please contact us on

Finance@sherwood.merton.sch.uk

Or visit our website

www.thesherwoodschool.co.uk/breakfast-and-afterschool-clubs



The Sherwood School Term and Holiday Dates 2025-26

AUTUMN TERM Monday 1st September - Friday 19th December

INSET Days Monday 1st September

Tuesday 2nd September

Children Begin Wednesday 3rd September

Half Term Monday 27th October - Friday 31st October

Term Ends Friday 19th December

SPRING TERM Monday 5th January – Friday 27th March

INSET Day Monday 5th January

Children Begin Tuesday 6th January

Half Term Monday 16th February – Friday 20th February

Term ends Friday 27th March

SUMMER TERM Monday 13th April – Monday 20th July

(May Day Bank Holiday - Monday 4th May)

INSET Days Monday 13th April

Monday 20th July

Children Begin Tuesday 14th April

Half term Monday 25th May - Friday 29th May

(Spring Bank Holiday on Monday 25th May)

Term Ends Friday 17th July

INSET Days 2025-26

1 - Monday 1st September 2025

2 - Tuesday 2nd September 2025

3 - Monday 5th January 2026

4 - Monday 13th April 2026

5 - Monday 20th July 2026