



The Sherwood Newsletter

Resilience Equality Self-confidence Positivity Empathy Co-operation Tolerance

Friday 21st November 2025

Article 15: You have the right to choose your own friends and join or set up groups as long as it isn't harmful to others.

Article 17: You have a right to get information that is important to your wellbeing from TV, radio, newspapers, books and computers. An adult should make sure the information you are getting is not harmful.



- Resilience
- Equality
- Self-confidence
- Positivity
- Empathy
- Co-operation
- Tolerance

Dear Parents and Carers,

We have had a busy and exciting two weeks since the last newsletter.

Remembrance Services

On Tuesday 11th November, the whole school, including children in our Early Years, observed the two minute silence at 11a.m. to mark Remembrance Day. Mrs Varchione accompanied a small group of School Council members to the memorial service at Mitcham War Memorial to lay a wreath of poppies. Thank you for contributing to the RBL poppy appeal again this year.

We would like to thank you for supporting another wonderful charity, BBC's Children in Need, which took place last Friday. Children and adults enjoyed wearing their pyjamas or spotty yellow outfits or odd socks and taking part in Pudsey related activities! We raised an amazing £95.58 - thank you very much!



We are very proud that three of our children's short stories were acknowledged in this year's Wimbledon Bookfest Young Writers competition. Well done to Hajra and Dusint whose stories were commended and very special congratulations to Kasmeeta, whose entry achieved Distinction and was published in this year's book! All three were awarded a £5 voucher to spend at our Book Fair! Do look out for next year's competition in the spring term.

I would like to invite you to join me for a live parent / carer forum next **Tuesday 25th November from 7.30-8.00p.m.** to hear about school attendance. Please use this link on Google [Meets](https://meet.google.com/vkz-xjga-oxi) to join remotely. <https://meet.google.com/vkz-xjga-oxi>



I look forward to seeing you there!

Have a lovely weekend.

Best Wishes,

Mrs Samouel



Mrs A Samouel
Headteacher



Miss K Matharu
Assistant Head

Abbotts Road, Mitcham, Surrey CR4 1JP
Webpage: www.thesherwoodschool.co.uk
Email: adminoffice@Sherwood.merton.sch.uk

Tel: 020 8764 5100



The Sherwood School

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Friday 21st November 2025

Autumn Term Calendar Dates

Event	Date	Time
Focus Week: 'The Fish Who Could Wish'	3-5 September	All day
Meet the Teacher Years 1-3	Monday 15 th September	9.00 – 9.30 a.m.
Meet the Teacher Years 4-6	Tuesday 16 th September	9.00 – 9.30 a.m.
Year 6 PGL Meeting for Parents / Carers	Tuesday 16 th September	3.30 – 4.00p.m.
Genes for Jeans MUFTI Day	19 th September	All day
Growing Against Violence Workshops for Year 5 & 6 – So Social Media & Friend vs Friendly	19 th September	All Day
Year 6 Transition to High School Meetings	Thursday 18 th September	9a.m. & 5.00p.m.
Coffee Morning for Parents & Carers	Thursday 25 th September	9.00a.m. Main Hall
Focus Week: Harvest Festival	22-26 September	All week
European Day of Languages	Friday 26 th September	All day
Focus: Black History Month	1st – 31st October	All October
Focus Week: Art & Black History	6 - 10 October	All week
4 Birch Swimming	6 – 17 October	2 Weeks
Year 2 (a.m.) and Year 5 (p.m.) Author Visit - New Wimbledon Theatre	7th October	a.m. and p.m.
Phonics & Early Reading Parent/Carer Workshop (EYFS & KS1)	Wednesday 8 th October	3.30p.m. Main Hall
Year 6 Author Visit New Wimbledon Theatre	Friday 10th October	p.m.
Focus Week: Democracy & The Rule of Law	13 - 17 October	All week
Year 6 Bikeability Training	13-17 October	All week
Year 5 & 6 Football Competition	17th October	All day
Half Term: 27 - 31 October		
Focus Week: Kindness & Anti-bullying 'Choose Respect'	10-13 November	All week
4 Maple Swimming	3 – 14 November	2 Weeks
Year 6 PGL Residential	5 – 7 November	3 Days
'Children in Need' MUFTI Day	Friday 14 th November	All day
EYFS Christmas Performance	Tuesday 2nd December	9.30a.m.
Key Stage 1 (Year 1 & 2) Christmas Show	Tuesday 9th December	9.15a.m.
LKS2 (Year 3 & 4) Christmas Singalong	Wednesday 10th December	9.30a.m.
UKS2 (Year 5 & 6) Carol Concert	Friday 11th December	1.30p.m.
Open Afternoon	Monday 15 th December	3.20 - 4.00p.m.
End of Term	Friday 19 th December	2.15p.m.



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open

Star of the Week!

Friday 21st November 2025

Week Beginning 10th November 2025

1 Rose	Grayson	He is always ready to learn and enjoys working and challenging himself. He has been working on his letter formation, playing kindly and answering more questions in Maths.
2 Sunflower	Nova	Nova has been nominated by her class. Her friends have said "She finishes her work all by herself, is a good friend and always sits so nicely following the class rules.
3 Fir	Daveen-Keli	She used wonderful adjectives & similes to bring the scene to life in descriptive writing! Your creative word choices painted a vivid picture and showed fantastic imagination.
3 Willow	Jahniyah	for making a great effort to learn her spellings and getting them all right nearly every week. She enjoys coming to school and starts every day with a big smile. Well done!
4 Birch	Liam	I can really see growth in Liam in both his academic work and behaviour. He has really improved his presentation and is now taking pride in all his work. We are so proud!
4 Maple	Barimah	For always being polite, ready, respectful and courteous. Not only this, he is forever positive and has a smile to light up any classroom. He has also produced great writing.
5 Beech	Jathush	For exceptional persistence and always putting in his best effort! He completes his work to the highest standard, demonstrating outstanding mathematical understanding.
5 Elm	Albey	He has been working hard on his presentation and has produced some great work on Ernest Shackleton's Journey. He is becoming more confident to share his ideas too!
6 Chestnut	Hamza	He has shown remarkable improvement in his behaviour, demonstrating focus and self-control in class. He is able to concentrate on his work for longer periods Well done!
6 Oak	Alex	This is his last day at the Sherwood and his positive attitude and big smile will be missed. In all lessons, Alex has set a great example of good learning behaviour.

Week Beginning 17th November 2025

1 Rose	Jayda	For being such an honest, kind and caring member of Year One. She comes into the classroom with a big smile and a positive attitude & is working hard on phonics!
2 Sunflower	Shreya	Her friends say "she is always full of joy". She comes into school every day with a big smile and approaches all activities with excitement and enthusiasm. Well done!
3 Fir	Maria	She has been a wonderfully supportive and kind friend at playtime. Maria is always including others and helping to make sure everyone feels happy and involved.
3 Willow	Jon-Michael	for taking his role as an RRS Ambassador very seriously. He knows his rights and can explain why it is important that all children have rights. is becoming a good role model.
4 Birch	Yaroslav	He has displayed a brilliant attitude throughout the whole term. He completed an incredible river project showing its features e.g Source, mouth, meander. Well Done!
4 Maple	All	For completing their two week swimming programme with amazing resilience and positivity, always behaving impeccably & walking safely to / from Canons Leisure Centre.
5 Beech	Haya	In every lesson, she shows outstanding concentration and always completes her work to a high standard, presenting it neatly and with great care. We are very proud of you!
5 Elm	Parisa	She has been researching a crew member from Shackleton's expedition & made an excellent fact file. She drew a great world map showing lines of longitude & latitude.
6 Chestnut	Alayna	For her incredible perseverance in every lesson. No matter how challenging a task may be, she always tries her best and approaches each activity with a positive attitude.
6 Oak	Elijah	Teaching this well-mannered, conscientious boy is a pleasure and it is so great to see that his attendance has improved. He has listened well & shared answers. Well done!



EVENING FORUM WITH THE

Headteacher

TOPIC: ATTENDANCE

25 NOV

7.30pm

THE SHERWOOD
SCHOOL



To attend just click the link:

Google Meets: <https://meet.google.com/vkz-xjga-oxj>



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Friday 21st November 2025

This week, our School Council have been very busy. They started the week with a special Anti-Bullying Week assembly and introduced the theme...Power For Good. They talked about what bullying is and how we can put a stop to it!



Afterwards, they took part in the Remembrance Service in Mitcham to remember those who had lost their lives in wars. Abinitha & Jumeirah laid a poppy wreath from all of us at The Sherwood School.



As always, they were fantastic role models for our school and we are very proud of them!



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Friday 21st November 2022

Year 4 Learning

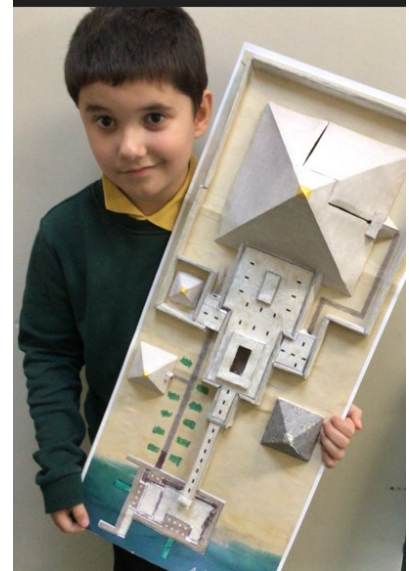
Year 4 have some amazing Ancient Egyptian and river projects for their homework.



Yaroslav-4 Birch



Kamai-4 Birch



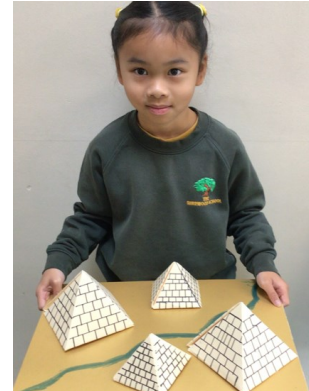
Adri



Liam-4



Linaz-



Tiffany- 4 Birch

Lois- 4



Dhruvin- Birch





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Friday 21st November 2025

Football competition

Our Year 4, 5 & 6 pupils gave it their all at the Football Competition!

A huge congratulations to our Year 5 and Year 6 teams for bringing home the gold what an incredible achievement!

Our Year 4s showed fantastic effort, teamwork and spirit throughout, and we're so proud of how they represented our school. Well done to everyone who took part! ⚽





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Year 6 are really enjoying their science topic this half term:

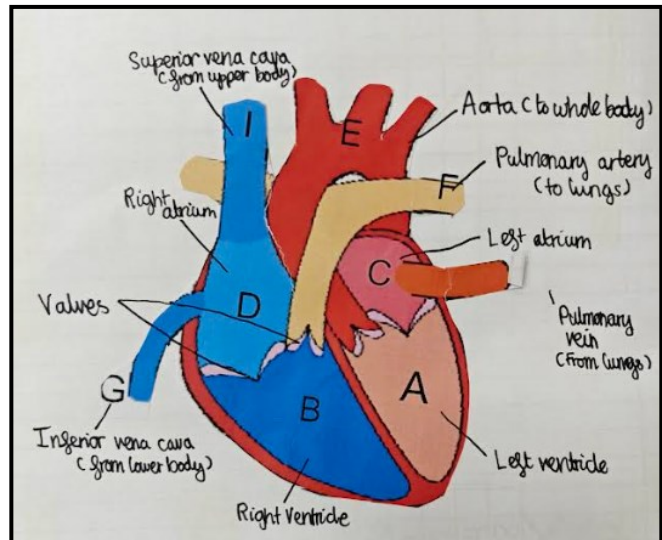
Animals including Humans. They are fascinated to learn about the circulatory system and how the heart works. The children have learnt how to find their pulse and measured their heart beat before and after exercise, and in our last lesson, they used actions to memorise how the blood travels through the different parts of the heart.

Wednesday 19th November 2025

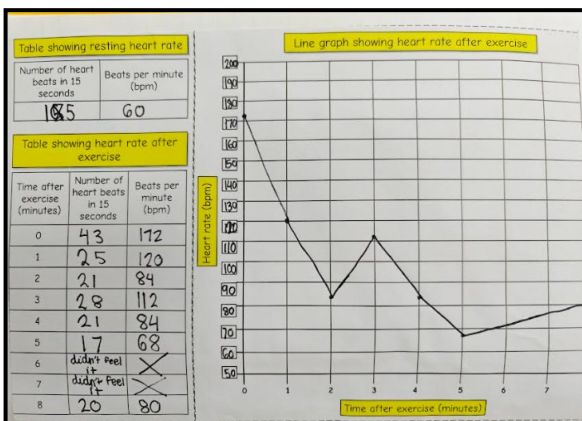
WALT: identify and explain the different parts of the heart.

The heart (notes)

- When a doctor listens to your heart, it is actually the sound of the heart valves closing that he/she hears.
- Replacement valves may come from donkeys or pigs.
- The closing of the heart valves creates the 'lub-dub' sound of the heartbeat.
- The heart contracts tighten and relax automatically about 70 times a minute to pump blood out through your arteries.
- The left side is stronger and bigger
- Both sides of the heart ejects about 70ml of blood every beat
- During an average lifetime, the heart will pump approximately 200 million litres of blood



I really enjoy science and everything we





Christmas Lunch Menu



Festive Roast Turkey

Chicken Chipolata , Sage & Onion Stuffing & Gravy

~

Christmas Tagine with a Puff Pastry Crust

Sage & Onion Stuffing & Gravy

~

Jacket Potatoes served with Beans, Cheese or Tuna Mayonnaise

~

Roast Potatoes

Peas

Carrots

Cranberry Bread

Desserts

Chocolate, Orange & Cranberry Brownie served with Ice Cream



Education
Wellbeing
Service



Education Wellbeing Service Webinar

Promoting Positive Behaviours

Want to reduce challenging behaviour and enjoy more positive moments with your child?

Join our workshop for parents and carers of children aged 0-5.

Learn simple, effective ways to encourage good behaviour through the power of praise, positive attention, and play.

This workshop will give you tools you can use straight away to create a calmer, happier home.

DATE / TIME

Tuesday 18th November
1.00-2.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event for free on Eventbrite by scanning the QR Code.

You can also check out our other events by [clicking here](#)

wellbeinginschoolsevents@swlstg.nhs.uk

DATE / TIME

Thursday 20th November
6.00-7.00pm



Scan the
QR code
or
[click here](#)

Education Wellbeing Service Webinar

Building Resilience in Primary School Children

Practical advice for parents who are open to thinking about their role and what they can do to help develop resilience in their child.



Education
Wellbeing
Service

DATE / TIME

Monday 17th November
1.00-2.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event for free on Eventbrite by scanning the QR Code.

You can also check out our other events by [clicking here](#)

wellbeinginschoolsevents@swlstg.nhs.uk

DATE / TIME

Wednesday 19th November
8.00-9.00pm



Scan the
QR code
or
[click here](#)

ONLINE PARENT/CARER WEBINARS

Jointly run by **Off The Record** and **Croydon Drop In**

Join us online for the following free workshops. Sign up via Eventbrite by scanning the QR code below. Cameras and microphones can be turned off.



Supporting your Child with Emotionally Based School Non-Attendance (EBSNA)

Tuesday 11th November 2025 at 1:30pm

Helping your Child with Anxiety and Worries

Tuesday 18th November 2025 at 1:30pm

Helping your Child with Behaviours that Challenge (Primary age)

Tuesday 25th November 2025 at 1:30pm

Introduction to Neurodivergence

Tuesday 2nd December 2025 at 1:30pm

Supporting your Young Person with Low Mood

Tuesday 9th December 2025 at 1:30pm



TALK TO US

OFF THE RECORD



**Are you OK
Croydon?**



**You Talk,
We Listen**
Croydon Drop In



WORRIED ABOUT THEM?

Our trained advisers can offer tailored support if you're worried about a change in your child's behaviour or emotions.

Contact YoungMinds Parents Helpline on
0808 802 5544.

🌟 This free and confidential service is open to all parents and carers.

YOUNGMINDS
Fighting for young people's mental health

@YoungMindsUK

youngminds.org.uk

Scan QR code
to find out how.



FREQUENTLY ASKED QUESTIONS

What age range do you offer advice for?

We provide free, confidential advice to all parents and carers of young people aged 0-25.

What kind of issues do you support with?

Our advisers are equipped to support you with anything that your child is going through. Including school avoidance, behavioural challenges, worry, ADHD, low mood and much more.

Is there a long wait time on the calls?

We aim to answer our calls as quickly as possible. But if there is a queue you can select the option for a call back within two working days or chat with us online.

What can you support me with?

Our service provides free, practical advice on how you can support your child's mental health. No matter what your child is going through, we are here to guide you when they need you the most.

How can I access the helpline?

You can call our Parents Helpline for free on 0808 802 5544, speak to us online by scanning the QR code on the back of this leaflet or learn more by visiting: www.youngminds.org.uk/parents-helpline

What happens when I contact you?

However you contact us, you will receive specific guidance from one of our expert advisers that will help you to understand your child's behaviour and give you practical advice on what to do next. All conversations are confidential.

Please note that we cannot advise on medication, counselling / therapy treatments or diagnose mental health conditions.



IS YOUR CHILD GOING THROUGH A TOUGH TIME?

Call our Parents Helpline on
0808 802 5544

or visit youngminds.org.uk/parents-helpline

Free language translation and interpretation services are available.

YOUNGMINDS



15,000+ parents and carers supported last year

89% of helpline users felt more confident after a call

"The person I spoke to was so helpful. She listened and signposted me to a wealth of other resources at a time when I was so distressed I had no idea which way to turn. For the first time, I felt as though there was someone out there for me – who could help me through all this." – Helpline caller

No matter what your child is going through, we're with you.

Learn more



HEDGEHOG DISCOVERY AFTERNOON

BRING THE WHOLE FAMILY FOR AN ENGAGING MIX OF:

ARTS &
CRAFTS

SHOWINGS OF THE
AWARD-WINNING FILM
'THE LITTLEST HOGLET'

INTERACTIVE
LEARNING



JOIN US ON
SUNDAY 26TH
OCTOBER

BETWEEN
1.30PM TO
4.30PM



AT
SHERWOOD
PARK HALL,
CR4 1JP



Mitcham
Hedgehog
Project



Find us on social media



mitchamhedgehogproject@gmail.com

This event is funded by our SpaceHive Crowdfund campaign
www.spacehive.com/help-the-hedgehogs-in-mitcham

Helping Children Feel Confident, Calm & Happy

Support For Parents/Carers

WHAT WE OFFER:

- Friendly, practical **1:1 advice and support** for parents
- **6-8 week parent sessions** with proven strategies
- **Free online webinars** on children's wellbeing
- Resources and **recorded workshops** to use anytime

- **Calmer routines** and **fewer conflicts** at home
- Children feel **more confident** in new or social situations
- Children **learn to cope with worries** and **build resilience**
- **Parents feel supported**, reassured, and not alone

HOW IT HELPS:

WHAT PARENTS SAY:

*"The **support was fantastic** - I **felt listened** to and encouraged."*

*"We now **have calmer routines** at home and my **child is happier** at school."*

*"I'd **recommend this service** to any parent."*

Scan the QR code to find out more and sign up
speak to your child's school for more information

We also have an Eventbrite page where parents and carers can **book upcoming workshops and webinars** and a youtube channel with recorded resources, available through the QR code



SCAN ME

For more information, please go to:
<https://swlstg.nhs.uk/education-wellbeing-service>,
or email the team at EWSinfo@swlstg.nhs.uk



The Sherwood School Term and Holiday Dates 2025-26

AUTUMN TERM Monday 1st September - Friday 19th December

INSET Days Monday 1st September

Tuesday 2nd September

Children Begin Wednesday 3rd September

Half Term Monday 27th October - Friday 31st October

Term Ends Friday 19th December

SPRING TERM Monday 5th January – Friday 27th March

INSET Day Monday 5th January

Children Begin Tuesday 6th January

Half Term Monday 16th February – Friday 20th February

Term ends Friday 27th March

SUMMER TERM Monday 13th April – Monday 20th July

(May Day Bank Holiday - Monday 4th May)

INSET Days Monday 13th April

Monday 20th July

Children Begin Tuesday 14th April

Half term Monday 25th May - Friday 29th May

(Spring Bank Holiday on Monday 25th May)

Term Ends Friday 17th July

INSET Days 2025-26

1 - Monday 1st September 2025

2 - Tuesday 2nd September 2025

3 - Monday 5th January 2026

4 - Monday 13th April 2026

5 - Monday 20th July 2026



The Sherwood School



Breakfast Club

7.30am drop off, breakfast served before 8am

£8 per session
(£6.66 with tax-free childcare)

After school Club

3.45pm—4.30pm pick up

HALF session

£6 per session

(£4 with tax-free childcare)

4.30pm- 5.30pm pick up

FULL session including food

£12 per session

(£10 with tax-free childcare)

For more information and to book please contact us on

Finance@sherwood.merton.sch.uk

Or visit our website

www.thesherwoodschool.co.uk/breakfast-and-afterschool-clubs